You Give Me A Reason



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Ann Robb (UK) & Alex Robb (UK) - January 2017 音樂: I'm Yours - Jack Savoretti : (Album: Sleep No More)



Intro: 16 counts

Notes: -

*2 count Tag & Restart. Wall 1 after 40 counts *4 count Tag & Restart. Wall 4 after 24 counts

Section 1. 1/4 R turn, 1/4 R turn, Behind, Side, Cross, Ball Cross, Sweep Cross, 1/4 L turn, 1/4 L turn

1 - 2 1 /4 R turn stepping fwd on R, 1/4 R turn stepping L to L side

3&4 Step R behind L, Step L to L side, Cross R over L

&5 Step L next to R, Cross R over L

6-7-8 Sweep L from back to front crossing over R, turn 1/4 L stepping back on R, turn 1/4 L

stepping L to L side

Section 2. Step Together, Press, Recover, Behind, Side, Cross, Hitch 1/4 turn L, Prissy Walks fwd R-L, NC

Basic R

&1-2 Step R beside L, Press on ball of L foot to L diagonal, Recover on R

3&4 Step L behind R, Step R to R side, Cross L over R

&5-6 & hitch R foot while turning 1/4 turn L on ball of L foot, Walk fwd crossing R over L, walk fwd

crossing L over R

7-8& Step a long step R to R side, Rock step L behind R, Recover on R crossing R slightly over L

Section 3. 1/4 R Turn, 1/2 R Turn, Sweep Cross, Side, Behind, Side, Cross, Sweep Cross, Side Rock, Recover

1-2 Turn 1/4 R stepping back on L, Turn 1/2 R stepping fwd on R

Sweep L from back to front & cross over R, Step R to R side, Cross L behind R
Step R to R side, Cross L over R, Sweep R from back to front crossing R over L

7-8 Rock L to L side, Recover on R

Tag & Restart on Wall 4

Section 4. Ball, Step, Lock, Step, Lock, Step, Step Back Sweep, Step Back Sweep, Sailor Cross 1/4 L

&1-2 Step L beside R, Step fwd on R, Lock L behind R3&4 Step fwd on R, Lock L behind R, Step fwd on R

5-6 Step back on L as you sweep R from front to back, Step back on R as you sweep L from front

to back

7&8 Make a 1/4 turn L stepping L behind R, Step R in place, Cross L over R

Section 5. NC Basic R, Side, Behind, 1/4 Turn L, Rock Fwd, Recover, Touch R Behind, Unwind 1/2 Turn R

1-2& Step a long step on R to R side, Rock step L behind R, Recover on R crossing slightly over L

3-4& Step L to L side, Step R behind L, Turn 1/4 L stepping fwd on L

5-6 Rock fwd on R, Recover on L

7-8 Touch R Toe slightly back, Unwind 1/2 turn R keeping weight on L

*** Tag & Restart on Wall 1***

Section 6. Step Back, Step Back, Back, Side, Fwd, fwd 1/4, 1/2, Cross Rock, Recover

1-2	Make 1/8 turn L stepping back on P (4.30). Step back on L
1-2	Make 1/8 turn L stepping back on R (4.30), Step back on L

3&4 Step back on R, Make 1/8 turn L stepping L to L side (3.00) Step fwd on R

5-6 Cross L over R, Turn 1/4 turn L stepping back on R (12.00)

7-8& Make 1/2 turn L stepping fwd on L (6.00), Cross rock R over L, Recover on L

Tag 1: On wall 1 after 40 counts -

1-2 Sway R, Sway L. Begin dance again from beginning.

Tag 2: On wall 4 after 24 counts -

1-2 Rock fwd on L, Recover on R

& 3-4 Step ball of L foot next to R, Rock back on R, Recover on L.

Begin dance again from beginning

Ending: Dance up to and including count 6, Section 6, (Turn 1/4 turn L stepping back on R (12.00) and step L to L side

Enjoy.

Contact: m.robb2@hotmail.co.uk