Tears of Regret

級數: Improver

編舞者: Ed Lawton (UK) - January 2017

音樂: Tears of Regret - Ronnie Beard : (amazon, iTunes, CD Baby, Spotify etc.)

STEP LOCK STEP STRUTTING JAZZ BOX

- 1-4 Step forward on right, lock left behind right, step forward on right, brush left forward
- 5-8 Step forward on left, lock right behind left, step forward on left, Brush right forward
- 9-16 Step right toe across left, snap heel down, step back on left toe, snap heel down, make a 1/4 turn right stepping forward on right toe, snap heel down, step left toe next to right, snap heel down

TWIST, SIDE ROCK, BACK ROCK, VINE

- 17-20 Twist both heels to right, twist both toes to left, twist both heels to right, Twist both toes to right
- 21-24 Step right to right side, rock on to left, step back on right, rock forward on left
- 25-28 Step right to right side, step left behind right, step right to right, \Box step left next to right
- 29-32 Twist both heels to left, twist both toes to left, twist both heels to left, twist both toes to left
- 33-36 Step left to left side, rock on to right, step back on left, rock forward on right
- 37-40 Step left to left side, step right behind left, make 1/4 turn left stepping forward on left, brush right forward

STEP TOUCH X4 SLOW SAILOR STEP X 2

- 41-44 Step forward on right,touch left toe to left side, step forward on left, touch right toe to right side
- 45-48 Step back on right, touch left toe to left side, step back on left, touch right toe to right side
- 49-52 Step right behind left, step left to left, step right to right, step left behind right
- 53-56 Step right to right, step left to left, step right behind left, make a 1/4 turn left stepping forward on left, brush right forward

1/2 PIVOT, SYNCOPATED JUMP CLAP X 2

- 57-60 Step forward on right, hold, pivot 1/2 turn left hold
- &61-62 Jump forward on right, bring left next to right, clap
- &63-64 Jump back on right, bring left next to right, clap

Start Over

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拍數: 64

牆數:4