

# Traces

拍數: 32      牆數: 4      級數: Beginner +  
編舞者: Rob McKean (CAN) - January 2019  
音樂: Til I Am Myself Again - Blue Rodeo



## Vine Right, Vine Left

1-4              Step side right on R, cross L behind R, step side right on R, touch L beside R

5-8              Step side left on L, cross R behind L, step side left on L, touch R beside L

**(Restart here on Wall 11)**

## Step Lock Step Forward Twice, Step Scuff Forward Twice

9&10            Step forward on R, slide L beside R, step forward on R

11&12           Step forward on L, slide R beside L, step forward on L

13-14           Step forward on R, scuff L forward

15-16           Step forward on L, scuff R forward

## Rock Rocking Chair, ½ Pivot, ¼ Pivot

17-20           Rock forward on R, recover on L, rock back on R, recover on L

**(Restart here on walls 3, 7 & 14)**

21-22           Step forward on R, pivot ½ turn left onto L

23-24           Step forward on R, pivot ¼ turn left onto L

## Lindy Right, Lindy Left

25&26           Step side right on R, step together on L, step side right on R

27-28           Rock back on L, recover onto R

29&30           Step side left on L, step together on R, step side left on L

31-32           Rock back on R, recover onto L

**Repeat**

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