

It Took Just One Look

COPPER KNOB
BY STEPHEN

拍數: 32

牆數: 4

級數: Beginner - Line / Contra / Circle - 2
or 4 w



編舞者: Wanda Heldt (AUS) - January 2017

音樂: Just One Look - Rasta Reggae Combination

Alt. music: You Don't Know Me by Jax Jones (feat. Raye) Will suit most music :-

Suggestions:- Big Blue Tree by Michael English / Oops by Little Mix [feat.Charlie Puth]

As a 2 or 4 Wall Line dance or Contra

S1. □ CHARLESTON STEPS *

- 1-2 Touch Right toe forward, Step Right next to Left
- 3-4 Touch Left toe behind, Step Left next to Right
- 5-6 Touch Right toe forward, Step Right next to Left
- 7-8 Touch Left toe behind, Step Left next to Right

S2. □ CHARLESTON STEPS*

- 1-2 Touch Right toe forward, Step Right next to Left.
- 3-4 Touch Left toe behind, Step Left next to Right.
- 5-6 Touch Right toe forward, Step Right next to Left.
- 7-8 Touch Left toe behind, Step Left next to Right.

S3. □ R. HEEL,HEEL or KICK,KICK BEHIND, SIDE STEP [or Triple on the spot R.L.R.] L. HEEL,HEEL or KICK,KICK BEHIND, SIDE STEP [or Triple on the spot L.R.L.]

- 1-2 Touch Right heel forward twice or Kick, Kick.
- 3&4 Step Right behind Left, Step Left to left, Step Right forward.
- 5-6 Touch Left heel forward twice or Kick, Kick.
- 7&8 Step Left behind Right, Step Right to Right, Step Left forward. Note:-when using 2nd song by Jax Jones..if doing the Kicks, lean body to the side as you kick, kick.

S4. □ SHUFFLE FORWARD R.L.R. & L.R.L, STEP FORWARD ON RIGHT 1/2 TURN LEFT WHILE HOOKING THE LEFT ACROSS RIGHT

- 1&2 Shuffle forward R.L.R.
- 3&4 Shuffle forward L.R.L.
- 5&6 Step forward on Right, 1/2 turn Left while the hooking the Left across Right.[Wt.on R] [6]
- 7&8 Shuffle forward L.R.L.

Easy option:- 1 Wall on Ct. 5&6 / 7&8 - just Shuffle Back. Restart dance.....

To make it a 4 Wall dance [or Contra] do a 1/4 turn to [9] Have Fun :-)

As a Circle Dance □

#4. □ SHUFFLE FORWARD [Traveling in a circle anti-clockwise]

- 1&2 Shuffle forward R.L.R.
- 3&4 Shuffle forward L.R.L.
- 5&6 Shuffle forward R.L.R.
- 7&8 Shuffle forward L.R.L.

[*On the Charlestons & Shuffles:- when using You Don't Know Me - moved them hips -Have FUN :-)]

Restart....

Have Fun In Life & In Dance

Contact ~ Email: silverstarwa@gmail.com 0403 536 163

