

Hey Now

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Kim Liebsch (DK) - January 2017
音樂: Iko Iko - Sia : (Available on You tube)



Intro: 8 counts (appr. 7 seconds) Start with weight on L foot

**2 Tags: 1) After wall 2 (8 Counts) (6:00) * 2) After wall 3 (4 counts) (9:00) ** (see description)
Ending: Make ¼ turn L to face 12:00

#1 section □ Cross side rock X 2, mambo fw. mambo back □

1&2 Cross R over L, step L to L side, recover on R □ 12:00
3&4 Cross L over R, step R to R side, recover on L □ 12:00
5&6 Rock fw. on R, recover on L, step R next to L □ 12:00
7&8 Rock back on L, recover on R, step L next to R □ 12:00

#2 section □ Step ½ turn, step ¼ turn, mambo R, mambo L □

1-2 Step fw. on R, make ½ turn L stepping fw. on L □ 6:00
3-4 Step fw. on R make ¼ turn L stepping L to L side □ 3:00
5&6 Rock R to R side, recover on L, step R next to L □ 3:00
7&8 Rock L to L side, recover on R, step L beside R □ 3:00

#3 section □ ¼ turn R hold while waving with R, ½ turn L hold while waving with L, cross rock side rock, back rock side □

1-2 Make ¼ turn L stepping R to R side, hold while waving R hand □ 12:00
3-4 Make ½ turn R stepping L to L side, hold while waving L hand □ 6:00
5&6& Cross R over L, recover on L, rock R to R side, recover on L □ 6:00
7&8 Rock back on R, recover on L, step R to R side □ 6:00

#4 section □ Cross behind ¼ turn, shuffle fw. step ½ turn, shuffle fw. □

1-2 Cross L behind R, make ¼ turn R stepping fw. on R □ 9:00
3&4 Step fw. on L, step R next to L, step fw. on L □ 9:00
5-6 Step fw. on R, make ½ turn L stepping fw. on L □ 3:00
7&8 Step fw. on R, step L next to R, step fw. on L □ 3:00

#5 section □ ¼ turn L hold while waving L hand, ½ turn R hold while waving R hand, cross rock side rock, back rock side □

1-2 Make ¼ turn R, stepping L to L side, hold while waving L hand □ 6:00
3-4 Make ½ turn L stepping R to R side, hold while waving R hand □ 12:00
5&6& Cross L over R, recover on L, rock L to L side, recover on R □ 12:00
7&8 Rock back on L, recover on R, step L to L side □ 12:00

#6 section □ Cross behind ¼ turn, shuffle fw. step ½ turn, shuffle fw. □

1-2 Cross R behind L, make ¼ turn L stepping fw. on L □ 9:00
3&4 Step fw. on R, step L next to R, step fw. on R □ 9:00
5-6 Step fw. on L, make ½ turn R stepping fw. on R □ 3:00
7&8 Step fw. on L, step R next to L, step fw. on L (*6:00) (**9:00) □ 3:00

Tag 1: □ 2 X out, 2 X in, 2 X out, 2 X in □

1-2 Step R out, step L out □ 12:00
3-4 Step R in, step L in □ 12:00
5-6 Step R out, step L out □ 12:00
7-8 Step R in, step L in □ 12:00

Tag 2: □ 2 X out, 2 X in □

1-2 Step R out, step L out □ 12:00

3-4 Step R in, step L in □ 12:00

Good Luck & N´joy!

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