

# One Life, One Love

拍數: 32      牆數: 2      級數: Improver  
編舞者: Guillaume Richard (FR) - January 2017  
音樂: Don't Let This Feeling Fade by Lindsey Stirling



Start of the dance : After 16 counts

## [1-8] : STEP & HEEL FANS X2 – STEP ½ TURN – COASTER STEP

1&2&      Step RF forward – Spread heels outside – Back with the heels in – Step RF next to LF  
3&4&      Step LF forward – Spread heels outside – Back with the heels in – Step LF next to RF  
5-6      Step RF forward – Making ½ turn L and keep weight on RF  
7&8      Step LF backward – Step RF next to LF – Step LF forward

## [9-16] : SCUFF – STEP – WEAVE – SWIVEL WITH ARMS MOVEMENT

1-2      Scuff RF – Step RF to R (make a ¾ circle with your arms by L side and finish with arms at shoulders height)  
3&4      Cross LF behind RF – Step RF to R – Cross LF over RF (keep your arms as count 2)  
5&6      Step RF to R with R toe in – R toe out (arms as count 2) – Keep arms parallel pushing them down and turn your face down with  
7&8      R toe in – R heel in (keep arms as count 6) – R toe back in the middle (Lay hands on top of each other at shoulder height)

## [17-24] : CROSS – SIDE – WEAVE – TRIPLE FULL TURN – PONY STEPS BACK

1-2      Cross RF over LF – Step LF to L  
3&4      Cross RF behind LF – Step LF to L – Cross RF over LF  
5&6      Making ½ turn L stepping LF forward – Step RF next to LF – Making ½ turn L stepping LF forward (full turn on site)  
7&8      Step RF backward and hitch L knee – Step LF next to RF – Step RF backward and hitch L knee

## [25-32] : Coaster Step – Scoot – Scuff & Touch – Rock Back

1&2      Step LF backward – Step RF next to LF – Step LF forward  
3&4      Scuff RF – Hitch R knee (with a little jump) – Step RF forward  
5&6      Scuff LF – Step LF forward – Touch R toe behind LF  
7-8      Put weight on RF (Put your hands on top of each other at shoulder height and look back in the same time) – Recover on LF

## TAG : At wall 6, do the next 8 counts following the beat of the music

1-2-3&4      Stomp RF – Clap your hands – Stomp LF – Clap your hands – Clap your hands  
5-8      Repeat the first 4 counts