

Qiāng Shēng

COPPERKNOB
STEPSHETS

拍數: 256 牆數: 1 級數: Phrased Improver
編舞者: Tina Chen Sue-Huei (TW) - January 2017
音樂: Qiang Sheng (嗶聲) - Xie Jin Yan (謝金燕)



Intro:32 , A:32 B:32x2 C:32 D:32 E:32 F:32 G:32 Tag:16
SOD:Intro/ABCDEF/Tag/ABCDEG/DE/Intro/A Tag
*4 Tags

Start to dance after 16 count, start to dance after “shut up”

Tag (16C) (Pls Refer To Video)

- 1-2 Feet Apart, Raise Up R Arm
- 3-4 Bring Down At Elbow Level Towards Chest
- 5-6 Point Out In Front
- 7-8 Recover

- 9-10 L Arm Out Side L
- 11-12 R Arm Out Side R
- 13-14 Raise Both Arms Above Head & Bring Down Towards Chest
- 15-16 Bring Both Arms Down To Side & Bring Up Towards Chest

Intro dance (32C)

iSI.(Fwd Together Fwd Hold)*2

- 1-4 Fwd Step R, Together Step L, Fwd Step R, Hold (4)
- 5-8 Fwd Step L, Together Step R, Fwd Step L, Hold (8)

iSII.Out Out In In, Feet Apart, Cross, Unwind

- 1-4 Step R fwd, Diag Step L fwd (shoulder width), Step Back On R, Together Step L
- 5-6 Jump With Feet Apart, Jump & Cross R Over L
- 7-8 Unwind ½ L & Step Down (6.00)

iSIII.Repeat SI.

iSIV.Repeat SII. Ends Facing 12.00

Part A(32C)

AI.(Fwd Together Fwd Hold)*2 (Punching Action)

- 1-4 Facing 3.00, Fwd Step R, Together Step L, Fwd Step R, Hold (4)
- 5-8 Fwd Step L, Together Step R, Fwd Step L, Hold (8)

All. Fwd Together Fwd Hold, Punching Action

- 1-4 Fwd Step R, Together Step L, Fwd Step R, Hold (4)
- 5-8 Punching Action On RLR

Alll. A Mirror Steps Of Part AI.

AIV. A Mirror Steps Of Part All.

Part B(32C)X2

BI.(Side Touch)*2, Side Together Touch

- 1-4 Side Step R, Touch L Beside R, Side Step L, Touch R Beside L
- 5-8 Side Step R, Together Step L, Side Step R, Touch L Beside R

BII. A Mirror Steps Of Part BI.

BIII. Jazz Box With Holds

- 1-4 Fwd Step R & Hold (2), Cross L Over R & Hold (4)
5-8 Back Step R & Hold (6), Side Step L & Hold (8)

BIV. Refer To Video For hand & Body Movement

- 1-4 Bring R Arm Up (1-2), Bend R Knee In & Bring
R Arm Down
5-8 R Arm Swing Back On 4 Counts

Part B*: A Mirror Steps Of Part B (32C)

Part C (32C)

CI. (Fwd Together Fwd Hold)*2 (Punching Action)

- 1-4 Fwd Step R, Together Step L, Fwd Step R, Hold (4)
5-8 Fwd Step L, Together Step R, Fwd Step L, Hold (8)

CII. Fwd Together Fwd Hold, ½ L Hold ½ L Together

- 1-4 Fwd Step R, Together Step L, Fwd Step R, Hold (4) (Punching Action)
5-8 ½ L Fwd Step L (6.00) & Hold (6), ½ L Back Step R (12.00), Together Step L

CIII. (Back Together Fwd Hold)*2 (Punching Action)

- 1-4 Back Step R, Together Step L, Back Step R, Hold (4)
5-8 Back Step L, Together Step R, Back Step L, Hold (8)

CIV. Back Together Fwd Hold, Recover & Punching Action

- 1-4 Back Step R, Together Step L, Back Step R, Hold (4) (Punching Action)
5-8 Recover Onto L & Side Step R With Feet Apart Do Punching Action For 4 Counts

Part D (32C)

DI. Heel Splits & Hand Movements (Pls Refer To Video)

- 1-8 Both Heels Open & Close (1-2). Repeat The Action.

DII. (Side Together Side Touch)*2

- 1-4 Side Step R, Together Step L, Side Step R, Side Touch L Out
5-8 Side Step L, Together Step R, Side Step L, Side Touch R Out

DIII. Repeat DI.

DIV. Repeat DII.

Part E (32C)

EI. (Kick Out RR & LL)*2

- 1-2 Kick R Out Twice
&3-4 Step Back In Place On R & Kick L Out Twice
&5-6 Step Back In Place On L & Kick R Out Twice
&7-8 Step Back In Place On R & Kick L Out Twice

EII. Kick Out RR & LL, Fwd Hold, Together Hold

- &1-2 Step Back In Place On L & Kick R Out Twice
&3-4 Step Back In Place On R & Kick L Out Twice
&5-6 Step Back In Place On L & Fwd Step R, Hold (6)
7-8 Together Step L, Hold (8)

EIII. Repeat EI.

EIV. Kick Out RR & LL, Back Hold, Together Hold

- &1-2 Step Back In Place On L & Kick R Out Twice
&3-4 Step Back In Place On R & Kick L Out Twice

&5-6 Step Back In Place On L & Back Step R, Hold (6)
7-8 Together Step L, Hold (8)

Part F (32C)

FI.R Rolling Vine With Holds

1-8 Do A Right Rolling Vine With Hold On Count (2)&(4)&(6)&(8), Ends Touching L Out To Left

FII. Diag Touch Fwd & Back With Holds

1-4 Touch L Across R & Hold (2), Side Touch L To Left & Hold (4)

5-8 Repeat (1-4)

FIII. A Mirror Steps Of FI.

FIV. A Mirror Steps Of FII.

Part G (32C)

GI. Facing 3.00, Fwd Shuffle*2, Back*4

1&2 Facing 3.00, Fwd Shuffle On RLR

3&4 Fwd Shuffle On LRL

5-8 Back Walk On RLRL

GII. Repeat GI. Facing 6.00

GIII. Repeat GI. Facing 9.00

GIV. Repeat GI. Facing 12.00

Happy Dancing!

Contact:sh3385@gmail.com
