

# Wants and Needs EZ

**COPPER** KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Annemaree Sleeth (AUS) - January 2017  
音樂: Wants and Needs - Extreme Music : (Album: Superfunk, 3.41 - iTunes)



Alternative Music: Stay A Little Bit Longer By Dreamhouse  
Or Stay by The Frankie Valley and The Four Seasons

Long Intro 64 Counts. About 34 seconds Dance Last 8 Counts Left Then Right For Intro  
Note For Styling Add Arms For Funk. Or Body Rolls etc. Its open to Interpretation

## Suggested Intro

Side, Touch, Side, Touch, Side Together, Side, Touch ( Right And Left Till Lyrics Start)  
Add Funky Arms

## SEC 1 [1- 8] DIAG FORWARD OUT, OUT, TOGETHER, CROSS, SIDE CROSS, SIDE, CROSS

1 - 2      Step R Diag Forward , Step L Diag Forward  
3 - 4      Step R Together , Bending Knees Cross L Over R (Snapping Fingers In Front On Crosses)  
5 - 6      Step R Side On Ball Or R, Bending Knees Cross R Over L  
7 - 8      Step R Side On Ball Or R, Bending Knees Cross R Over L

### Arm Movement Swinging Arms Across Body Then Out Twice

On The Lyrics Up and Down Arms Go Up Arms Back Down In the Song

## SEC 2 [9 - 16] OUT, OUT, BACK, TOGETHER, CROSS , SIDE , BEHIND, ¼ LEFT FORWARD

1 - 2      Step R Diag Forward , Step L Diag Forward  
3 - 4      Step R Back, Step L Together  
5 - 6      Cross R Over L, Step L Side  
7 - 8      Turn ¼ L Step R Behind L, Step L Forward

## SEC 3 [17 - 24] 1/8 FORWARD, HOLD, BACK, HOLD, BACK HOLD, FORWARD (2 Rocking Chairs)

1 - 2      Rock R Forward, Bending Upper Body Forward, Hold ( Shimmy)  
3 - 4      Recover To L, Hold (Centre)  
1 - 2      Rock R Back, Bending Upper Body Back, Hold  
3 - 4      Recover To L, Hold

### Option 2 Right Rocking Chairs

Option Here For Body Rolls Forward And Back(As If Sitting In A Chair Then Getting Out Off The Chair )  
Option to Shimmy or Shake Shoulders Forward and Back then Back , Forward

## SEC 4 [25 - 32] JAZZ BOX, CROSS, BALL, CROSS , BALL, CROSS

1 - 2      Cross L Over R , Step R Back,  
3 - 4      Step L Side , Cross R Over L  
5 - 6      Stepping R Side On Ball of R Foot, Cross L Over R  
7 - 8      Stepping R Side On Ball of R Foot, Cross L Over R

### Counts 6 -8 Options

Travelling to the Right Toe Heel Toe Heel Swivel

Side Together Side Together , Or Side, Cross, Side , Together

Side Together Side Together of Snake Body Roll R Then L

Finishes Faces 3.00. Complete Entire Wall -- Turn ¼ L To Face Front

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Youtube Site Annemaree Sleeth <https://www.youtube.com/user/frederina521>

