

Kemesraan

拍數: 64 牆數: 2 級數: Improver
編舞者: Sila Syafrina (INA) - January 2017
音樂: Kemesraan - Iwan Fals



Intro 32 counts, start dance on vocal. *1 tag,

A: CROSS ROCK, SIDE CHASSE (RIGHT & LEFT)

1 – 2 – 3 & 4 Cross R over L – recover on L – step R to side – step L together – step R to side
5 – 6 – 7 & 8 Cross L over R – recover on R – step L to side – step R together – step L to side

B: BACK ROCK, SIDE CHASSE (RIGHT & LEFT)

1 – 2 – 3 & 4 Cross R behind L – recover on L – step R to side – step L together – step R to side
5 – 6 – 7 & 8 Cross L behind R – recover on R – step L to side – step R together – step L to side

C: WALK FORWARD , MAMBO FORWARD , WALK BACK, MAMBO BACKWARD

1 – 2 – 3 & 4 Step R forward – step L forward – rock R forward – recover on L – step R back
5 – 6 – 7 & 8 Step L back – step R back – rock L back – recover on R – step L forward

D: WALK FORWARD , MAMBO FORWARD , WALK BACK, MAMBO BACKWARD

1 – 2 – 3 & 4 Step R forward – step L forward – rock R forward – recover on L – step R back
5 – 6 – 7 & 8 Step L back – step R back – rock L back – recover on R – step L forward

E: JAZZ BOX ¼ TURN RIGHT , ROCKING CHAIR

1 – 2 – 3 – 4 Cross R over L – turn ¼ right step L back – step R to side – step L forward (3:00)
5 – 6 – 7 – 8 Rock R forward – recover on L – rock R back – recover on L

F: JAZZ BOX ¼ TURN RIGHT , ROCKING CHAIR

1 – 2 – 3 – 4 Cross R over L – turn ¼ right step L back – step R to side – step L forward (6:00)
5 – 6 – 7 – 8 Rock R forward – recover on L – rock R back – recover on L

G: STEP RIGHT SIDE, TOUCH IN OUT IN, STEP LEFT SIDE, TOUCH IN OUT IN

1 – 2 – 3 – 4 Slide R to side – touch L next to R – touch L out – touch L in
5 – 6 – 7 – 8 Slide L to side – touch R next to L – touch R out – touch R in

H: PIVOT ½ LEFT (X2) , SWAY

1 – 2 – 3 – 4 Step R forward – pivot ½ left – step R forward – pivot ½ left
5 – 6 – 7 – 8 Sway to right – left – right – left

Tag : on wall 4, dance up to 24 counts, then do 4 counts simple tag : (back wall)

1 – 4 sway to right – left – right – left

Ending : do the first 8 counts then slowly cross both hands on chest , then bring both arms forward

ENJOY THE DANCE !!

Contact: wenarikajosephine@gmail.com