

Ready to Get Rowdy

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver / Intermediate
編舞者: Jeanne Chamas (USA) - January 2017
音樂: Rowdy - Gretchen Wilson



*1 Tag, 1 Restart: Tag on wall 5, ¼ turn right jazz box, after count 40, immediate Restart (facing 9:00)

S1: SIDE ROCK, CROSSING SHUFFLE, SIDE ROCK, CROSSING SHUFFLE

1, 2 Rock R to right, recover on L
3 & 4 Cross R over L, step L in place, cross R over L (moving slightly forward on the diagonal)
5, 6 Rock L to left, recover on R
7 & 8 Cross L over R, step R in place, cross L over R (moving slightly forward on the diagonal)
(12:00)

S2: ROCK, RECOVER, ½ TURN TRIPLE, ½ TURN, ½ TURN, TRIPLE FORWARD

1, 2 Rock R forward, recover on L
3 & 4 ½ turn triple over right shoulder (R, L, R) (6:00)
5, 6 ½ turn right (12:00) stepping back on L, ½ turn right, stepping forward on R (6:00)

EZ Option: Step forward L, R

7 & 8 Triple forward (L, R, L)

S3: KICK BALL CROSS, STEP, SLIDE (x2)

1 & 2 Kick R forward, step on ball of R, cross L over R (moving slightly forward)
3, 4 Wide step R to the right (slightly on a right diagonal) sliding L next to R with a L touch
5 & 6 Kick L forward, step on ball of L, cross R over L (moving slightly forward)
7, 8 Wide step L to the left (slightly on a left diagonal) sliding R next to L with a R touch (6:00)

S4: HIP ROLLS, CROSS UNWIND, STOMP, STOMP

1, 2 Step R to right side, roll hips left to right, keep weight on R
3, 4 Roll hips right to left, shift weight to L
5, 6 Cross R in front of L, with weight on the L, unwind ½ turn left
7, 8 Stomp R twice (keeping weight on left) (12:00)

S5: SIDE BEHIND, HEEL AND CROSS, HINGE ½ TURN, CROSSING SHUFFLE

1, 2 Step R to right, cross L behind R
& 3 & 4 Step R to right, touch L heel, step L in place, cross R over L
5, 6 Step L back turning ¼ right, step R ¼ turn right
7 & 8 Cross L over R, step R in place, cross L over R (6:00) *TAG on Wall 5 then Restart

S6: SIDE ROCK, RECOVER, SAILOR, ¼ TURN SAILOR, PIVOT ½ TURN

1, 2 Rock R to right side, recover on L
3 & 4 Cross R behind L, step L next to R (&), step R to right
5 & 6 Cross L behind R, step R next to left (&), make ¼ turn left stepping forward L (3:00)
7, 8 Step R forward, pivoting ½ turn to left stepping on L (9:00)

*TAG: JAZZ BOX with ¼ TURN RIGHT

1, 2, 3, 4 Cross R over L (1) step L back (2) turning ¼ right step on R (3) step L next to R (4) (9:00)

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