

Lean On

拍數: 32 牆數: 4 級數: Improver
編舞者: Ayu Permana (INA) - January 2017
音樂: Lean On (feat. MØ) - Major Lazer & DJ Snake



SECTION 1. Forward Locksteps - Left Botafogo - Right Botafogo & 1/4 Turn - Back Lockstep (09.00)

1 Step R forward
2&3 Step L behind R - Step R forward - Step L behind R
4&5 Cross R over L - Step/rock L to side - Recover on R
6&8 Cross L over R - Turn 1/4 left, step/rock R to side - Recover on L (9)
8&1 Step R backward - Cross L over R - Step R backward

SECTION 2. Coaster Step - (Right&Left) Funky Foot - Diagonal Shuffle Forward (09.00)

2&3 Step L backward - Step R close to L - Step L forward
&4 Slide R to close to L - Push and slide R to right forward diagonal
&5 Slide L to close to R - Push and slide L to left forward diagonal
6&7 Step R to forward diagonal - Step L close to R - Step R forward (10)
8&1 Step L to forward diagonal - Step R close to L - Step L forward (8)

SECTION 3. Forward Diagonal - Push Hips - (Left&Right) Side Shuffle - Kick Ball Touch (09.00)

2&3 Low hop and step R to forward right diagonal - Touch L toe behind R, push hips backward - Push hips forward
4&5 Squaring up to face (9), step L to left side - Step R close to L - Step L to left side
6&7 Step R to right side - Step L close to R - Step R to right side
8&1 Kick L forward - Step L backward - Touch R toe behind L (prepare making 1/2 turn right)

SECTION 4. 1/2 Turn - Hips Bumps - (Right&Left) Side Mambo (03.00)

2-3 Turn 1/2 right, step down R heel - Step on L (3)
&4 Touch R toe forward, bumping hips forward - Bumping hips backward
5&6 Step/rock R to side - Recover on L - Step R beside L
7&8 Step/rock L to side - Recover on L - Step L beside R

REPEAT

TAG: There is an 8 count Tag at the end of wall 6, please do the following steps: (facing the back wall) (Right&Left) Samba Whisk & Toe Twist (Fan)

1-2& Step R to side - Step L behind R - Recover on R
3-4& Step L to side - Step R behind L - Recover on L
5-6 Touch R toe in front of L and make a twist (fan) to left-right
7&8 Continue doing the twist (fan) to left-right-left

Have fun and happy dancing ..

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