

Everybody Dance Now

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Conrad Farnham (USA) - January 2017
音樂: Everybody Dance Now by C.C. Music Factory (Power Music Workout version)



WALK, WALK, SHUFFLE, ROCK RECOVER, TRIPLE ½ TURN

1,2,3&4 Walk forward right, walk forward left, shuffle forward, right, left, right
5,6,7&8 Rock forward on left foot, recover on right, triple ½ turn over left shoulder left, right, left

WALK, WALK, SHUFFLE, ROCK RECOVER, TRIPLE ½ TURN

1,2,3&4 Walk forward right, walk forward left, shuffle forward, right, left, right
5,6,7&8 Rock forward on left foot, recover on right, triple ½ turn over left shoulder left, right, left

VINE RIGHT, HEEL CROSS, VINE LEFT, HEEL CROSS *

1,2,3&4 Step right to right side, step left behind right, step right to right side while touching left heel to left front, cross right foot over left
5,6,7&8 Step left to left side, step right behind left, step left to left side while touching right heel to right front, cross left foot over right

PUSH HIPS RIGHT, RECOVER ¼ TURN, PUSH HIPS RIGHT, RECOVER, CROSS UNWIND ½ TURN BOUNCES

1,2,3,4 Step out to the right, push right hip to the right, recover on left ¼ turn left, step out to the right, push right hip to the right, recover on left
5,6,7&8 Cross right foot over left foot, unwind left with 4 bounces on toes for ½ turn

* Alternate Steps: Vine Heel Cross can be replaced with grapevine.

No Tags and No Restarts

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