

Have It Covered

拍數: 56 牆數: 4 級數: High Improver
編舞者: Trine Haukø Lund (NOR) - January 2017
音樂: Love Gets Me Every Time - Shania Twain



#32 counts intro - Sequence of dance: 56-52-16-56-52-56-56-56

Section 1: Step R, cross behind, chasse 1/4 turn R, step 1/2 turn R, 1/4 turn R slide L, touch

1-2 Step RF to R, cross LF behind RF
3&4 Step RF to R, step LF next to RF, 1/4 turn R(3.00) step RF forward
5-6 Step LF forward, 1/2 turn R(9.00) recover on RF
7-8 1/4 turn R(12.00) slide/big step to L, touch RF next to LF

Section 2: Step 1/2 turn L, step fwd, clap, step 1/2 turn R, touch, clap

1-4 Step RF forward, 1/2 turn L(6.00), step RF forward, clap
5-8 Step LF forward, 1/2 turn R(12.00), step LF next to RF, clap

***Restart here in wall 3**

Section 3: Jazz box 1/4 turn R X 2

1-4 Cross RF over LF, step LF backwards, 1/4 turn R(3.00) step RF to R, step LF □forward
5-8 Cross RF over LF, step LF backwards, 1/4 turn R(6.00) step RF to R, step LF □forward

Section 4: Chasse R, rock behind, chasse L, rock behind

1&2 Step RF to R, step LF next to RF, step RF to R
3-4 Rock LF behind RF, recover on RF
5&6 Step LF to L, step RF next to LF, step LF to L
7-8 Rock RF behind LF, recover on LF

Section 5: Slide to R diagonal fwd, lift heels, slide to L diagonal fwd, lift heels

1-2 Slide/big step with RF to R diagonal, step LF next to RF
3-4 Lift both heels up x 2
5-6 Slide/big step with LF to L diagonal, step RF next to LF
7-8 Lift both heels up x 2

Section 6: Rocking chair, step 1/2 turn L, step 1/4 turn L

1-4 Rock RF forward, recover on LF, rock RF backwards, recover on LF
5-8 Step RF forward, 1/2 turn L(12.00), step RF forward, 1/4 turn L(9.00)

Section 7: Step diagonal fwd R-L, step back in place, bump hips R-L

1-4 Step RH diagonal to R forward, step LH diagonal to L forward, step RF □backwards, step LF next to RF
5-8 Bump hip to R x 2, bump hip to L x 2

Notes:-

***In walls 2 and 5: don't do the last 4 counts of the dance**

***Restart in wall 3 after section 2 facing 6 o'clock**