

Twelve Steps

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Marg Jones (CAN) - January 2017
音樂: 12 Step Program (of Love) - D. D. Alan



PART A: 32 counts

A1: Step touches, Vine with 1/4 turn R

1-4 R ft step to R, touch L beside R, L ft step to L, touch R beside L □ - 12.00
5-8 R step to R, cross L behind R, R step to R turning 1/4 R, step down L beside R - □ 3.00

A2: Step, Pivot Twice, Cross, Side, Rock back, Recover

9-12 Step forward on R, pivot 1/4 turn L, Step forward on R, pivot 1/4 turn L, weight on L - □ 9.00
13-16 Step R across L, step L to Left, Rock back on R, Recover fwd on L

A3: Rock fwd, Recover, Step back, Hook, Step, Lock, Step, Point

17-20 Rock fwd on R, recover on L, Step back on R, hitch L across front of R
21-24 Step fwd on L, drag R and lock behind L heel, Step L fwd, Point R toe to Right

A4: Behind, Point, Rock back, Recover, Step, Pivot, Step, Flick

25-28 Step R across behind L, Point L toe to Left, Rock back on L, Recover on R
29-32 Step L fwd, pivot 1/2 turn to R, step fwd on L, Flick R up behind Left knee - □ 3.00

PART B: 16 counts

Vine R w/1/4 turn R, Scuff, Vine L w/touch (Twice)

33-36 Vine to Right with 1/4 turn Right, Scuff Left foot - □ 6.00
37-40 Vine to Left, ending with R foot touch beside L
41-44 Repeat 33-36 □ - 9.00
45-48 Repeat 37-40

**TAG: After 4th repeat,, dance Part B before beginning Parts A & B again
i.e. AB AB AB AB B then AB to end**

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Last Update - 31st Jan 2017