

Today Is The Day

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Molly Yeoh (MY) - January 2017
音樂: Today Is the Day - Lincoln Brewster



Intro: 32 counts from the shout " here we go...! - No Tag No Restart!

S1: WALK 4 STEPS UP, RIGHT STEP LEFT STEP

1-2-3-4 Walk R fwd, L fwd, R fwd, L step beside R
5-6-7-8 R step to R, L step beside R. L step to L, R step beside L(clap or other hand styling)

S2: WALK BACK 4 STEP, SHIMMY TO RIGHT, SHIMMY TO LEFT

1-2-3-4 Walk R back, L back, R back, L beside R
5-6-7-8 R step R, L step beside R(shimmy shoulder), L step L, R step beside L(shimmy shoulder)

S3: WEAVE TO RIGHT,CROSS FRONT TOUCH, TOUCH SIDE, TOUCH BACK

1-2-3-4 Step R to R, L step behind R, R step to R, L touch beside R
5-6-7-8 L touch or point across R, touch L side, cross touch behind R, touch to L again

S4: WEAVE TO LEFT, LEFT ¼ TURN, CROSS FRONT TOUCH, TOUCH SIDE, TOUCH BACK

1-2-3-4 Left step down L , R cross behind L, L step ¼ L turn, R touch beside L(9 o clock)
5-6-7-8 R point across L, point to R side, hitch behind L(3) and touch point to L side

Enjoy this gospel simple dance!

Contact: suanyeah@hotmail.com
