

My Bonnie Jean

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate (slow waltz)
編舞者: Daniel Chen (AUS) - January 2017
音樂: "Jean" by Bobby Goldsboro



Intro: 2 x 6 (12 counts) Sequence: AA B AA

PART A - 48 counts

AS.1: □WALTZ 1/2 TURNS (X 2) TRAVELLING FORWARD

1-3 Step left forward, turn ½ left and step right back, step left back across right
4-6 Step right back, turn ½ left and step left forward, step right together

S.2: □CROSS ROCK, RECOVER, SIDE, TWINKLE

1-3 Rock left across right (check), recover on R, Step left to side
4-6 Cross right over left, step left to side, step R in place

AS.3: □1/2 TURN TWINKLE, WEAWE

1-3 Cross left over right, step right foot back with 1/4 turn R, left foot to side with 1/4 turn [6:00]
4-6 Step right across left, step left to side, step right behind left

AS.4: □LARGE STEP L, DRAG & KICK, BACK LOCK, SIDE, BEHIND

1-3 Large step to L, drag right foot and kick across left
4&5/6 Step right back, lock left, step right to side, step left back

Optional** Instead of locks, do the following easier steps after kicking:

4,5-6 Step right to side, (over 2 count) drag left to close while rising and then shift weight on lowering.

AS.5: □LARGE STEP R, DRAG & KICK, BACK LOCK, SIDE, BEHIND

1-3 Large step to R, drag left foot and kick
4&5/6 Step left back, lock right, step left to side, step right back

Optional** Instead of locks, do the following easier steps after kicking:

4,5-6 Step right to side, (over 2 count) drag left to close while rising and then shift weight on lowering.

AS.6: □ROCK LEFT FWD 1/4 TURN, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE

1-3 Rock left fwd 1/4 turn L [3:00], recover 1/4 turn L, [12:00] step left to side,
4-6 cross rock with right, recover, side step

AS.7 □LEFT CHECK, HALF TURN, RECOVER

1-3 Step left across right while lowering and rotating body to left
4-6 Rise and rotating body to right to make 1/2 turn [6:00] and shift weight to right foot

AS.8 □BALANCE STEPS FWD & BACK

1-3 Step left forward and drag right close to left
4-6 Step right back and tap left across R

PART B - 36 counts

Optional ** Instead of Cross Points, Twinkles can be danced for a smoother, traditional waltz look.

Cross points can accentuate the highlight in melody in this part, but please do not point too hard. It is still a smooth dance!

BS.1: □CROSS POINT X 2

1-3 Lift left foot off floor and step across right, point right toe to right, hold
4-6 Lift right foot off floor to step across left, point left toe to left, hold

BS.2: □CROSS POINT, HALF TURN TWINKLE

- 1-3 Lift left foot off floor and step across right, point right toe to right, hold
4-6 Cross right over left, step left foot back with 1/4 turn R, left foot to side with 1/4 turn R [6:00]

BS.3: &BS.4: REPEAT steps in BS.1 & BS.2□ - finishing facing [12:00]

BS.5: □CROSS POINT, HALF TURN TWINKLE

- 1-3 Lift left foot off floor and step across right, point right toe to right, hold
4-6 Cross right over left, step left foot back with 1/4 turn R, left foot to side with 1/4 turn R [6:00]

BS.6: □1/4 TURN, SWAYS AND DRAG

- 1-3 1/4 turn to R and step left forward [9:00], 1/4 turn R [12:00] and sway upper body left (not a hip sway)
4-6 Sway body right, shift weight to right foot, drag left foot with no weight next to right foot.

ENDING : Dance the first 6 steps in Part A, i.e. Half Turn Forward waltz steps x 2, and then pose.

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Music links:

https://www.amazon.com/BOBBY-GOLDSBORO-muddy-mississippi-record/dp/B00489ZKP4/ref=sr_1_1?ie=UTF8&qid=1484739772&sr=8-1&keywords=Muddy+Mississippi+Line+Bobby+Goldsboro

https://www.amazon.com/Jean/dp/B001J25JCC/ref=sr_1_50?s=dmusic&ie=UTF8&qid=1484738400&sr=1-50&keywords=jean

Last Update - 18th Jan 2017
