

# She Said No

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數: Improver  
編舞者: Doktor Peter (DE) - December 2016  
音樂: No No No - Milow : (CD: Modern Heart, Deluxe)



Part A " Mambo-Slide " each  $\frac{1}{4}$  turn,

Part B " Step-Lock-Swing " in all  $\frac{3}{4}$  turn, dancing through all walls, end by  $\frac{1}{2}$  turn L (12:00) + The „Improver's start" 06:00 only at the beginning on first 7-8+!

Intro: 16 Counts - Wall: Continuous

Part A „Mambo – Slide“:

From 12.00 (Improver: every 1st line 6.00 face to face with 2nd line +  $\frac{1}{2}$  Turn R on first 7-8)

**Mambo Step Forward R, Rocking Chair L/R, Walk Walk**

1&2      RF quick step forward, LF recover, RF beside LF with weight on RF  
3-4      LF step forward, RF recover  
5-6      LF step back, RF recover  
7-8&      LF step forward, RF step forward / First line LF step forward  $\frac{1}{2}$  turn R, RF forward

**Step-Lock-Step L,  $\frac{1}{4}$  Turn L Rock R, Tip R, Close R, Step L, Slide R**

1&2      LF step forward, RF lock behind LF, LF step forward  
3-4       $\frac{1}{4}$  turn L & RF step R, LF recover (9.00)  
5-6      RF tip beside LF, RF close (weight on)  
7-8      LF step L, RF slide to LF not weighing RF

**\*1x Repeat Part A - Mambo – Slide, to 6.00**

Part B "Step-Lock – Swing“:

**Step-Lock-Step R Diagonal Fwd.,  $\frac{1}{4}$  L Step-Lock-Step L Fwd. (Diagonal 4.30),**

**$\frac{1}{4}$  L Rock Side R with Hip Bump R, Recover L, Tip R, Close R**

1&2      RF step forward diagonal R (7.30), LF lock behind RF, RF step forward  
3&4      LF step forward  $\frac{1}{4}$  diagonal L (4.30), RF lock behind LF, LF step forward  
5-6      Turn L to 3.00 RF step R with hip bump, LF weight on (hip L)  
7-8      RF tipp beside LF, RF close/weight on

**Rock L Forward,  $\frac{1}{4}$  L Step-Lock-Step,  $\frac{1}{4}$  L Rock Side R, Recover L,**

**Behind R & Shoulder R  $\frac{1}{4}$  twist back, Straighten & RF Swing beside LF (9.00)**

1-2      LF step forward, weight on RF  
3&4      Turn  $\frac{1}{4}$  L & LF step forward, RF lock behind LF, LF step forward (12.00)  
5-6      Turn  $\frac{1}{4}$  L & RF step R, LF recover/weight on (9.00)  
7-8      \*□RF behind LF & shoulder R  $\frac{1}{4}$  twisting back, re-straighten & RF Swing beside LF

**\*Bridge to Last Chorus "And now I know": Rock R, Rec. L, Behind R & Shoulder, Swing R to L**

9-10      (after 3. verse „for the trees.“) RF step R, LF recover/weight on

11-12      RF behind LF & shoulder R  $\frac{1}{4}$  twisting back, re-straighten & RF Swing beside LF

**\*2 x Repeat Part B (Step-Lock – Swing) until end of 1. Chorus „No No“ (only once)**

**Then: 2x Part A / 6x Part B (incl. instrumental) / 1x Part A / 1x Part B / 1x Part B + Bridge**

(4 Counts Rock R + Behind R) / 4x Part B until | End 7-8\*

**\*End:□RF behind LF & shoulder R  $\frac{1}{4}$  twisting back, re-straighten & Step Turn  $\frac{1}{2}$  L RF back**

**Scheme: |16 cts.| A A B B B A A B B B B B A B B+Bridge B B B B+ $\frac{1}{2}$  L**

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