

Everything Changes

拍數: 32 牆數: 2 級數: Beginner
編舞者: Trine Haukø Lund (NOR) - January 2017
音樂: She Ain't In It - Jon Pardi



#16 counts intro

Section 1: Side, cross rock, chassé L, cross rock, chassé 1/4 turn R

1-3 Step RF to R, cross rock LF over RF, recover on RF
4&5 Step LF to L, step RF next to LF, step LF to L
6-7 Cross rock RF over LF, recover on LF
8&1 Step RF to L, step LF next to RF, 1/4 turn R(3.00), step RF forward

Section 2: Step 1/2 turn R, lock step forward X2 L, R, step 1/4 turn R, scissor step

2-3 Step LF forward, 1/2 turn R(6.00), recover on RF
4&5 Step LF forward, close RF behind LF, step LF forward
6&7 Step RF forward, close LF behind RF, step RF forward
8&1 Step LF forward, 1/4 turn R(12.00), step RF next to LF, cross LF over RF

Section 3: Side cross, scissor step, side, jazz box

2-3 Step RF to R, cross LF over RF
4&5 Step RF to R, step LF next to RF, cross RF over LF
6-7 Step LF to L, cross RF over LF
8&1 Step LF backwards, step RF to R, step LF forward

***Restart here in wall 5**

Section 4: 2 walks R-L, step 1/2 turn L, shuffle, touch

2-3 Walk forward on RF, walk forward on LF
4&5 Step forward on RF, 1/2 turn L(6.00), recover on LF, step RF forward
6&7 Step LF forward, step RF next to LF, step LF forward
8 Touch RF next to LF

***Restart in wall 5: After section 3 facing 12 o'clock**

Count 8-1: Step LF next to RF(8), step RF to R(1)

There is a change in the music in wall 7. It will happen during section 3. Just keep on dancing and you will keep up with the beat in the music again.

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