Butterfly



拍數: 32

級數: Beginner - Contemporary

編舞者: Christina Yang (KOR) - January 2017

牆數: 4

音樂: Butterflies by Kamlila

Start the dance after 16 counts next to start the strong beats.

SECTION 1: FORWARD, FORWARD, KICK, STEP, SIDE TOUCH, KICK, STEP, SIDE TOUCH, CROSS OVER, 1/4 TURN TO R WITH BACKWARD

- 1-2 RF forward, LF forward
- 3&4 RF forward kick, RF replace, LF side touch
- 5&6 LF forward kick, LF replace, RF side touch
- 7-8 RF cross over LF, 1/4 turn to R with LF backward

SECTION 2: SIDE CHASSE, CROSS OVER, 1/4 TURN TO L WITH BACKWARD, SIDE CHASSE, FORWARD ROCK, RECOVER

- 1&2 RF side, LF closed RF, RF side
- 3-4 LF cross over RF, 1/4 turn to L with RF backward
- 5&6 LF side, RF closed LF, LF side
- 7-8 RF forward rock, LF recover

SECTION 3: 1/4 TURN TO R WITH SIDE, SIDE TOUCH, FULL TURN TO L, SIDE TOUCH, 1/4 TURN TO R WITH STEP, SIDE TOUCH

- 1-2 1/4 turn to R with RF side, LF side touch
- 3-6 1/4 turn to L with LF step, 1/4 turn to L with RF side, 1/2 turn to L with LF side, RF side touch
- 7-8 1/4 turn to R with RF step, LF side touch

SECTION 4: FORWARD, SIDE TOUCH, SYNCOPATED JAZZ BOX, CROSS CHASSE, 1/4 TURN TO L WITH PIVOT TURN

- 1-2 LF forward, RF side touch
- 3-4& RF cross over LF, LF backward, RF side
- 5&6 LF cross over RF, RF slightly side, LF cross over RF
- 7-8 RF side, 1/4 turn to L with weight change to LF

NO TAG, NO RESTART

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http://www.youtube.com/user/thetrianglelinedance

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