

# I Be U Be

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Gudrun Schneider (DE) - January 2017  
音樂: I Be U Be - High Valley



Intro: 8 count

## S1: SHUFFLE FORW., SHUFFLE ½ R, ROCK BACK, HEEL-BALL-CROSS

1&2      RF step forward, LF step beside, RF step forward  
3&4      LF ¼ left step side, RF step beside, LF ¼ left step back (6:00)  
5-6      RF rock back, LF recover  
7&8      RF heel diagonally forward, step on ball of RF, LF step cross

## S2: ROCK SIDE, ROCK BACK, JAZZ BOX

1-2      RF rock side, LF recover  
3-4      RF rock back, LF recover  
5-6      RF cross, LF step back  
7-8      RF step side, LF step forward

## S3: SHUFFLE FWD, HEEL GRIND ¼ L, ROCK BACK, STEP ½ R

1&2      RF step forward, LF step beside, RF step forward  
3-4      LF ¼ turn on heel left (3:00)  
5-6      LF rock back, RF recover  
7-8      LF step forward, RF+LF ½ turn right (9:00)

## S4: STEP ¼ TURN, CROSS SHUFFLE, ROCK SIDE, BEHIND, SIDE

1-2      LF step forward, RF+LF ¼ turn right (12:00)  
3&4      LF cross over, RF step side, LF cross over  
5-6      RF rock side, LF recover  
7-8      RF behind LF, LF step side

RESTART wall 2, 4, 6, 8, 9, 10

## S5: ROCK FWD, SAILOR TURNING ¼ R, ROCK STEP & ROCK STEP

1-2      RF rock forward, LF recover  
3&4      RF cross behind LF – ¼ turn right, LF step next to RF – RF step forward (3:00)  
5-6      LF rock forward, RF recover  
&7-8      LF step beside RF, RF rock forward, LF recover

## S6: SHUFFLE BACK, TOUCH UNWIND ½ L, JAZZBOX

1&2      RF step back, LF step beside, RF step back  
3-4      LF touch behind, RF + LF ½ left (9:00)  
5-6      RF cross, LF step back  
7-8      RF step side, LF step forward

RESTARTS: On walls 2, 4, 6, 8, 9, 10 - after 32 counts

TAG - after 1st and 5th wall

HEEL, HOOK

1-2      R heel diagonally forward, hook RF cross LF

Have Fun

