

You Are The Only One

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sally Hung (TW) - January 2017
音樂: Jin Sheng Ai De Jiu Shi Ni (今生爱的就是你) - Qi Long (祁隆)



Sequence Of Dance: No Tag, No Restart

Intro: 36 Counts From Heavy Beats

S1. CROSS, POINT, CROSS, POINT, FWD ROCK, RECOVER, BACK SHUFFLE

1,2,3,4 Cross step R over L, touch L toes to L side, cross step L over R, touch R toes to R side
5,6,7&8 Rock fwd on R, recover onto L, back shuffle on RLR

S2. WALK BACK L-R, COASTER STEP, CROSS, POINT, CROSS, POINT

1,2,3&4 Step back on L, step back on R, step back on L, step R beside L, step L fwd
5,6,7,8 Cross step R over L, touch L toes to L side, cross step L over R, touch R toes to R side

S3. CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE, ¼ TURN R, FWD SHUFFLE

1,2,3&4 Cross R over L, step L to the L, cross R behind L, step L to the L, cross R over L
5,6,7&8 Step L to the L, make a ¼ turn R, fwd shuffle on LRL

S4. SIDE, POINT, SIDE, POINT, SWAY RLRL

1,2,3,4 Step R to the R, touch L toes in front of R, step L to the L, touch R toes in front of L
5,6,7,8 Sway R-L-R-L

Happy Dancing!

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