

# Shout Out to My Ex - Easy

COPPERKNOB  
BYEPOSTETS

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Lu Olsen (AUS) - December 2016  
音樂: Shout Out to My Ex - Little Mix : (iTunes)



**#4 count intro: Start on vocals** □ - Direction: Anti clockwise

**[1 – 8] □ Touch fwd, touch Side, Hitch, Touch Side, Cross, Side, ¼ R turn R Coaster,**

1, 2      Touch R Toe fwd, Touch R Toe out to Right,  
3, 4      Hitch R Knee over L, Touch R Toe out to Right,  
5, 6      Cross R over L, Step L to Left,  
7 & 8      (¼ R turn R Coaster) ¼ Right Step R back , Step L beside R, Step R fwd □3.00

**[9 – 16] □ Fwd, Lock, L Lock shuffle fwd, Full turn ( or Fwd, Lock), R Lock Shuffle fwd**

1, 2, 3 & 4      Step L fwd, Lock R behind L, L lock shuffle fwd stepping L, R, L  
5, 6      Full Left turn fwd stepping R, L, (Option: Step R fwd, Lock L behind R,)  
7 & 8      R lock shuffle fwd stepping R, L, R □ □ □ □ □ □ □ 3.00

**[17 – 24] □ Cross, Back, Back, Cross, Back, ¼ R fwd, ½ turning shuffle**

1, 2, 3, 4      (Moving backwards) Cross L over R, Step R back, Step L back, Cross R over L  
5, 6      Step L back, ¼ Right turn & step R fwd □ □ □ □ □ □ □ 6.00  
7 & 8      ½ Right turning shuffle stepping L, R, L □ □ □ □ □ □ □ 12.00

**[25 – 32] □ Back, Fwd, Kick Ball Cross, Side, Cross, Side, ¼ Side**

1, 2, 3 & 4      Rock R back, Rock L fwd, Kick R fwd, Step R beside L, Cross L over R,  
5, 6      Step R to Right, Cross L over R,  
7, 8      Step R to Right, ¼ Left turn & step L to Left □ □ □ □ □ □ □ 9.00

**#8 count TAG: At end of wall 5 (9.00)**

1, 2, 3, 4      (Cross Rocking Chair) R over L, Recover onto L, Rock R to Right, Recover onto L  
5, 6      Step R fwd, ½ L pivot,  
7, 8      Step R fwd, ½ L pivot □ Restart dance for wall 6 (9.00)

**#4 count TAG: At end of Wall 12 (12.00)**

1, 2, 3, 4      (Cross Rocking Chair) R over L, Recover onto L, Rock R to Right, Recover onto L  
Restart dance for wall 13 (3.00)

**Last Wall: Dance whole 32 counts – at the end of the Last Wall you will be facing 3.00 add...  
¼ Left turn & step R to Right - to finish at 12.00**

Lu Olsen: 03 9735 1219 (h), Mob: 0438 735 122 Email: luolsen@bigpond.net.au web: borderlinedancers.com