

# Grey & Silver

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Rep Ghazali (SCO) - January 2017  
音樂: Highs & Lows - Emeli Sandé



**#8 count intro. Music Available on download from iTunes and Amazon**

**[01-08] R ROCK FWD-RECOVER, & L ROCK BACK-RECOVER, L FWD-½ PIVOT, L SHUFFLE FWD**

1-2            rock forward Right, recover on Left  
&3-4        step Right together, rock back Left, recover Right  
5-6            step forward Left, ½ pivot turn Right  
7&8        step forward Left, step Right together, step forward Left (6)

**[09-16] R HEEL & L TOE, L FWD TOUCH-SIDE TOUCH, L SAILOR ½, R ROCK-RECOVER SWEEP**

1&2        touch Right heel forward, step Right together, touch Left toe together  
3-4        touch Left toe forward, touch Left toe to Left side  
5&6        cross Left behind Right, make turn ½ Left step Right to Right, step Left to Left (12)  
7-8        cross rock Right over Left, recover on Left and sweep on Right from front to back

**[17-24] R BEHIND-L SIDE, R CROSS SHUFFLE, ¼ TURN R HITCH CROSS-SIDE, L CROSS SHUFFLE**

1-2        step Right behind Left, step Left to Left side  
3&4        cross Right over Left, step Left to Left side, cross Right over Left  
5-6        ¼ turn Right hitch and cross Left over Right, step Right to Right side (3)  
7&8        cross Left over Right, step Right to Right side, cross Left over Right

**[25-32] BACK R-BACK L, R COASTER, L FWD-REVERSE ½ PIVOT, L ROCK BACK-RECOVER**

1-2        step back Right (Left toe fan out as you step back on Right), step back Left (Right toe fan out as you step back on Left)  
3&4        step back Right, step Left together, step forward Right  
5-6        step forward Left, ½ turn Left by stepping back on Right (9)  
7-8        rock back Left, recover on Right

**[33-40] L FWD-R TOUCH, BACK-TOUCH-¼ TURN-TOUCH, R TRIPLE ½ TURN, L BACK-DRAG R**

1-2        Left step forward, touch Right together  
&3&4        Right step back, touch Left together, ¼ turn Left step Left to Left, touch Right together (6)  
5&6        triple ½ turn Left by stepping Right-Left-Right (12)  
7-8        big step Left, dragging Right towards Left (weight on Left)

**[41-48] R KICK BALL SKATE, SKATE R-SKATE L, R FWD-¼ PIVOT TURN X2**

1&2        kick Right forward, step back Right, skate forward Left  
3-4        skate forward Right, skate forward Left  
5-6        step forward Right, ¼ pivot turn Left (9)  
7-8        step forward Right, ¼ pivot turn Left (6)

**[49-56] R JAZZ BOX, R STEP SWEEP-L STEP SWEEP, R FWD-½ TURN**

1-4        cross Right over Left, step back Left, step Right to Right side, cross Left over Right  
5-6        step forward Right and sweep Left from back to front, step forward Left and sweep Right from back to front  
7-8        step forward Right, ½ pivot turn Left (12)

**[57-64] R FWD, L KICK BALL CHANGE, L CROSS-R BACK-½ TURN, FULL SPIRAL-L FWD**

1-2&3      step forward Right, kick Left forward, step back Left, step forward Right  
4-6        cross Left over Right, step back Right (stick your bump out), ½ turn Left stepping forward Left (6)

7-8 making spiral full turn Left as you step forward on Right ending with Left hooked across  
Right, step forward Left (6)

**Non turner for count 63 just walk forward Right**

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