

Step Back In Time

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Alexis Strong (UK) - January 2017
音樂: Step Back In Time - Kylie Minogue



Start On Heavy Beat- 16 Counts

[1-8] RIGHT HEEL, HOLD, LEFT HEEL, HOLD, RIGHT HEEL, HOLD, BALL CHANGE, SCUFF.

1-2 Right Heel Fwd (1) Hold (2)
&3-4 Step On R (&) Left Heel Fwd (3) Hold (4)
&5-6 Step On L (&) Right Heel Fwd (5) Hold (6)
&7-8 Step On R (&) Step On L (7) Scuff (8)

[9-16] STOMP RIGHT, HOLD, JUMP ON SPOT, HOLD, X2 PIGEON TOES FAST, X2 TOE TAPS FORWARD WITH RIGHT.

1-2 Stomp R Down (1) Hold (2)
3-4 Jump Both Feet (3) Hold (4)
5-6 Tap Both Heels Together (5) Tap Both Heel Together (6)
7-8 Tap R Toe Fwd (7) Tap R Toe Fwd (8)

[17-24] POINT RIGHT TOE BACK AND FORWARD, WALK BACK RIGHT, LEFT, RIGHT, POINT LEFT TOE BACK, FORWARD, BACK.

1-2 Point R Back (1) Point R Fwd (2)
3-4 Walk Back R (3) Walk Back L (4)
5-6 Walk Back R (5) Point L Back (6)
7-8 Point L Fwd (7) Point L Back (8)

[25-32] MAKING 1/4 TURN LEFT, LEFT CROSS, SIDE, CROSS, SIDE, CROSS, RIGHT SIDE MAMBO, LEFT SIDE MAMBO.

1&2 Cross L Over R (1) Step R To R (&) Cross L Over R (2) 9.00
&3&4 Step R To R (&) Cross L Over R (3) Step R To R (&) Cross L Over R (4)
5&6 Rock R To R (5) Recover On L (&) Step R To L (6)
7&8 Rock L To L (7) Recover On R (&) Step L To R (8)

Enjoy!!

This is a fun dance, Hope you like it xx

Contact: alexisstrong0421@gmail.com