

A Guy Raised On Rock

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Beginner / Improver
編舞者: Jean LW LeQUEUX (FR) - January 2017
音樂: Raised On Rock - Elvis Presley
或: Any Rock & Roll



Written as a tribute for the King, born on Jan. 8th, 1935

LF : Left Foot, RF : Right Foot: wolf: weight on LF, worf: weight on RF;

Start with lyrics ("I remember..)

[1-8] SECTION 1 : Side chassé right, rock back left; idem the other side

1&2 Right chassé (RF to right, LF next to RF, RF to right)
3-4 Rock back left (rock LF back, recover on RF)
5&6 Left chassé (LF to left, RF next to LF, LF to left);
7-8 Rock back right (rock RF back, recover on LF)

[9-16] SECTION 2 : ¼ turn right, step RF forward, lockstep right forward; lockstep left backward, ¼ turn right

&1-2 RF behind LF, ¼ turn right (3H00)
&3-4 LF lock behind RF, step RF forward (worf), hold
5&6 step LF back, lock RF back in front of LF, step LF back
7&8 RF behind LF, ¼ turn right, hold feet together, (6:00)

[17-24] SECTION 3: Twist, bend knees right, left and hold; unbend knees, twist again on right, hold

1-2 Twist right on toes half-bending knees, untwist on toes unbending knees
3-4 Twist left on toes half-bending knees, hold
5-6 Bend knees completely, unbend knees completely
7-8 Twist right on toes, hold feet together

[25-32] SECTION 4: Sweep, ¼ turn right, slight stomp, side chassé right, slight stomps, side chassé left

1-2 Sweep RF to right while ¼ turning right (9H00), slight stomp LF near RF (wolf)
3&4 Side chassé right (RF to right, LF near RF, RF to right)
5-6 Slight stomps LF then RF
7&8 Side chassé left (LF to left, RF near LF, LF to left)

Sections 5 is for Elvis' "Raised on rock" and danced on the tune (I was raised on rock,... .. I turned on my radio, Oh oh oh oh)

Do not include this section if you have chosen another song.

[33-48] SECTION 5: Rolling vine right (full turn)... and rock! Rolling vine left (full turn)... and rock!

1-8 Rolling vine right, but end it with a left rock forward (worf)
9-16 Rolling vine left (full turn) but end it with a right rock back (wolf)

Choreographer: jean_lw_lequeux@yahoo.com; site: <http://weltram.eu>