

# Parachute Shuffle

**COPPER** **NOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Low Intermediate  
編舞者: Carol Cotherman (USA) - January 2017  
音樂: Parachute - Chris Stapleton : (Album: Traveller)



## #36 count intro

### Rock, Recover, Triple Step Forward, Rock, Recover, Coaster Step

1-2-3&4      Rock back on right, recover to left, step right forward, step left beside right, step right forward  
5-6-7&8      Rock forward on left, recover on right, step left back, step right beside left, step left forward

### Step, 1/4 Turn, Crossing Triple, Side, Behind, 1/4 Triple Step

1-2-3&4      Step right forward, 1/4 turn left taking weight to left, cross right over left, step left to side,  
cross right over left (9:00)  
5-6-7&8      Step left to side, step right behind left, 1/4 turn left stepping left forward, step right beside left,  
step left forward (6:00)

### Step, 1/2 Turn, Triple Step, 1/2 Turn, 1/4 Turn, Crossing Triple

1-2-3&4      Step right forward, 1/2 turn left taking weight to left, step right forward, step left beside right,  
step right forward (12:00)  
5-6-7&8      1/2 Turn right stepping back on left, 1/4 turn right stepping right to side, cross left over right,  
step right to side, cross left over right (9:00)

### Side Rock, Recover, 1/2 Sailor Turn, Rock, Recover, Triple Step Back

1-2-3&4      Rock right to side, recover to left, 1/2 turn right sweeping right behind left, step left beside  
right, step right in place  
5-6-7&8      Rock left forward, recover to right, step left back, step right beside left, step left back

## REPEAT

### Tag 1: 4 counts - End of walls 1 & 5 facing 3:00:

#### Reverse Rocking Chair

1-2-3-4      Rock right back, recover to left, rock right forward, recover to left

### Tag 2: 16 counts - End of wall 7 facing 9:00

#### Reverse Rocking Chair, Triple Step Back, Rock, Recover

1-2-3-4      Rock right back, recover to left, rock right forward, recover to left  
5&6-7-8      Step right back, step left beside right, step right back, rock left back, recover to right

#### Rocking Chair, Triple Step Rock, Recover

1-2-3-4      Rock left forward, recover to right, rock left back, recover to right,  
5&6-7-8      Step left forward, step right beside left, step left forward, rock right forward, recover to left

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