You Can Keep Me

拍數: 48

級數: High Beginner

編舞者: Sylvie Stumpe (DE) - January 2017

音樂: Photograph (Felix Jaehn Remix) - Ed Sheeran : (amazon.co.de / iTunes)

[1-8] Kick Ball Cross, Kick Ball Cross - Side-Rock Return, Behind Side Cross 1&2 Kick R to forward right diagonal; Step on ball of R next to L; Step L in front of R 3 & 4 Kick R to forward right diagonal; Step on ball of R next to L; Step L in front of R 5 – 6 Rock R side right: Return weight to L in place Step R behind L; Step L side left; Step R in front of L (facing 12:00) 7 & 8 [9-16] Kick Ball Cross, Kick Ball Cross - Side-Rock Return, Coaster Step 1&2 Kick L to forward left diagonal; Step on ball of L next to R; Step R in front of L 3&4 Kick L to forward left diagonal; Step on ball of L next to R; Step R in front of L 5 – 6 Rock L side left; Return weight to R in place 7 & 8 Step L back and behind R; Step R back next to L; Step L forward (facing 12:00) [17-24] Syncopated Rock Returns – Walk Walk, Triple Step Forward 1 – 2& Rock forward onto your R; Return onto your L in place; (&) Step R next to L 3 - 48Rock forward onto your L; Return onto your R in place; (&) Step L next to R 5 – 6 Step forward on your R; Step forward on your L 7&8 Step R forward; Step L next to R; Step R forward (facing 12:00) [25-32] Rock Return, 1/2 Turn Triple Right - 1/2 Turn Triple Right, Step Back 1 - 2Rock forward onto your L; Return weight to your R in place 3&4 Turn ¼ left stepping your L side left; Step R next to L; Turn ¼ left stepping L forward (facing 6:00) Turn ¼ left stepping R side right; Step L next to R; Turn ¼ left stepping back on R (facing 5&6 12:00) 7 – 8 Step back on your L; Hold (weight stays on your L) (facing 12:00) [33-40] Touch Front, Touch Side, Coaster Step - Touch Front, Touch Side, Coaster Step 1 – 2 Touch R forward in front of L; Touch R side right 3&4 Step R back; Step L next to R; Step R forward 5 – 6 Touch L forward in front of R; Touch L side left 7&8 Step L back; Step R next to L; Step L forward (facing 12:00) [41-48] Step Forward, Hold, & Triple Forward - Rock Return, 1/2 Turn Triple Step R forward; Hold 1 – 2 &3&4 (&) Step L next to R; Step R forward; (&) Step L next to R; Step R forward 5-6 Rock forward onto you L; Return weight to your R in place 7 & 8 Turn ¼ left stepping L side left; Step R next to L; Turn ¼ left stepping L forward (facing 6:00) Begin Again - No Tags, No Restarts Contact: nashy1963@web.de



牆數:2