

Eleven & More

拍數: 32 牆數: 2 級數: Beginner - Contra
編舞者: Manel (ES), Carme, Montse Garres (ES), Miguel Angel Sanjuan (ES), Félix,
Maite Alemany (ES), Ana Osuna & Maria Jesús Osuna (ES) - January 2017
音樂: "My Little dog had Puppies" - Jerónimo Dasilva (2014)



Choreography created by The teacher 's band to celebrate de 11th edition of Country Lloret (2016)

Intro : 16 counts

[1-8] [SIDE SHUFFLE – BACK ROCK] x2 (R-L)

1&2 Step right to the right side , left next to right , step right to the right side
3-4 Step left back , recover on right
5&6 Step left to the left side , right next left , step left to the left side
7-8 Step right back , recover on left

[9-16] FULL TURN with SHUFFLES – PIVOT ½ TURN LEFT – STOMPS – STOMP UP (R)

1&2 ½ turn left stepping right back , step left back next to right , step right back (06.00)
3&4 ½ turn left stepping left forward , right next to left , step right forward (12.00)
5-6 Step right forward , ½ turn to the left on both feet (weight on left) (06.00)
7&8 Stomp right beside left , stomp left on place , stomp up right on place

****During Wall 7 dance up to count 16 , add the Tag and begin again**

[17-24] SIDE – BEHIND – SIDE SHUFFLE ---- JAZZBOX ending STOMP & CLAP

1-2 Step right to the right side , cross left behind right
3&4 Step right to the right side , left next to right , step right to the right side
5-6 Cross left over right , step right back
7-8 Step left to the left side , stomp right beside left and clap

[25-32] SIDE – BEHIND – SIDE SHUFFLE – JAZZBOX ending STOMP & CLAP

1-2 Step left to the left side , cross right behind left
3&4 Step left to the left side , right next to left , step left to the left side
5-6 Cross right over left , step right back
7-8 Step right to the right side , stomp left beside right and clap

REPEAT AGAIN AND ENJOY IT

****TAG: wall 7**

[1-4] KNEE POPS

&1 Little step forward and raise right heel , drop right heel
&2 Raise right heel , drop right heel
&3 Raise right heel , drop right heel
&4 Raise right heel , drop right heel

Contact: mjosufu@gmail.com