

A Little Bit

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Maite Alemany (ES) & Maria Jesús Osuna (ES) - December 2016
音樂: I'm a Little Bit Lonely - Lisa McHugh : (Album: Old fashion girl , 2010)



Intro : 16 counts

[1-8] ROCKING CHAIR (R) – SIDE ROCK (R) – CROSS KICK (x2)

1-2 Step right forward , recover on left
3-4 Step right back , recover on left
5-6 Step right to the right side , recover on left
7-8 Kick right to the left side crossed over the left leg

[9-16] SIDE ROCK (R) – JAZZ BOX ending POINT – ¼ TURN LEFT & HEEL STRUT (L)

1-2 Step right to the right side , recover on left
3-4 Cross right over left , step left back
5-6 Step right to the right side , toe touch left to the left side
7-8 ¼ turn left and heel touch left forward , drop left toe taking weight (09.00)

[17-24] TOE STRUT (R) – CROSS TOE STRUT (L) – SIDE ROCK – CROSS – HOLD

1-2 Toe touch right forward and right , drop right heel taking weight
3-4 Cross toe touch left over right , drop left heel taking weight
5-6 Step right to the right side , recover on left
7-8 Cross right over left , hold

[25-32] GRAPEVINE ending CROSS - SIDE ROCK – ½ TURN LEFT – SCUFF

1-2 Step left to the left side , cross right behind left
3-4 Step left to the left side . cross right over left
5-6 Step left to the left side , recover on right
7-8 ½ turn left stepping left to the left side , scuff right (03.00)

REPEAT AND ENJOY IT

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