

# Cartwheels

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: The Highlander (UK) - January 2017  
音樂: Cartwheels - Ward Thomas : (Album Version)



Start on vocals, approx 12 seconds intro

## S1: $\frac{3}{4}$ Roll Right, Back $\frac{1}{2}$ Right Step, Rocking Chair, Step $\frac{1}{4}$ Left Cross

1&2      Turn  $\frac{1}{4}$  right stepping R forward, Turn  $\frac{1}{2}$  right stepping back on L, Step R back, (9 o'clock)  
3&4      Step L back, Turn  $\frac{1}{2}$  right stepping R forward, Step L forward, (3 o'clock)  
5&6&      Rock R forward, Recover onto L, Rock R back, Recover onto L,  
7&8      Step R forward, pivot  $\frac{1}{4}$  turn left, Cross R over L. (12 o'clock)

## S2: Left Together Forward, Cross Turn $\frac{1}{8}$ Back, Back Turn $\frac{1}{8}$ Cross, Right Together Forward.

1&2      Step L to side, Step R next to L, Step L forward,  
3&4      Cross R over L, Turn  $\frac{1}{8}$  right to face right diagonal stepping L back, Step R back, (1.30)  
5&6      Step L back, Turn  $\frac{1}{8}$  right stepping R to right side, Cross L over R (3 o'clock).  
7&8      Step R to side, Step L next to R, Step R forward.

## S3: $\frac{3}{4}$ Roll Left, Back $\frac{1}{2}$ Left Forward, Rocking Chair, Step Turn Step.

1&2      Turn  $\frac{1}{4}$  left stepping L forward, Turn  $\frac{1}{2}$  left stepping R back, Step L back, (6 o'clock)  
3&4      Step R back, Turn  $\frac{1}{2}$  left stepping L forward, Step R forward, (12 o'clock)  
\*\*\*\*\*Step change and restart here on wall 5 Please see below\*\*\*\*\*  
5&6      Rock forward onto L, Recover onto R, Rock back onto L, Recover onto R,  
7&8      Step L forward, pivot  $\frac{1}{2}$  turn right, Step L forward. (6 o'clock)

## S4: Side Rock Cross, Side Rock Cross, Side Touch, Side Kick, Behind Side Cross.

1&2      Rock R to right side, Recover onto L, Cross R over L,  
3&4      Rock L to left side, Recover onto R, Cross L over R,  
5&6&      Step R to side, Touch L next to R, Step L to side, Kick R towards right diagonal,  
7&8      Step R behind L, Step L to side, Step R over L.

## S5: $\frac{1}{4}$ Left, Step $\frac{1}{2}$ Turn Left, $\frac{1}{4}$ Left, Behind Side Cross, Sway Right Left.

1      Turn  $\frac{1}{4}$  left stepping L forward. (3 o'clock)  
2,3      Step R forward, Pivot  $\frac{1}{2}$  Turn left, (9 o'clock)  
4      Turn  $\frac{1}{4}$  left stepping R to right side.(6 o'clock)  
5&6      Step L behind R, Step R to side, Step L over R,  
7,8      Stepping R to side sway onto R, Sway onto L.

## S6 Sailor $\frac{1}{4}$ Turn Right, Step Turn Step, Mambo $\frac{1}{4}$ Turn Right, Cross Side Behind.

1&2      Step R behind L, Turning  $\frac{1}{4}$  right step L to left side, Step R next to L, (9 o'clock)  
3&4      Step L forward, Pivot  $\frac{1}{2}$  turn right, Step L forward, (3 o'clock)  
5&6      Rock forward onto R, Recover onto L, Turn  $\frac{1}{4}$  right Stepping R to side, (6 o'clock)  
7&8      Step L over R, Step R to side, Step L behind R .

\*\*\*\* Wall 5 - Step Change & Restart \*\*\*\*\*

During S3 replace counts 5&6 with

Step L forward.

Touch R next to L.

(Restart facing 12 o'clock on the word cartwheels)

Music Note – This dance was Choreographed to the album version of Cartwheels.

If using the single version an extra Restart is required during wall 2 at the end of Sec 5.

Single version of the song has No intro.

(Contact - [theldhighlander@gmail.com](mailto:theldhighlander@gmail.com))

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