Cartwheels



拍數: 48 牆數: 2 級數: Intermediate

編舞者: The Highlander (UK) - January 2017

音樂: Cartwheels - Ward Thomas: (Album Version)



Start on vocals, approx 12 seconds intro

S1: 34 Roll Right.	Back 1/2 Right S	tep. Rocking Chair.	Step 1/4 Left Cross

1&2	Turn ¼ right stepping R forward,	Turn ½ right stepping back on L	Step R back (9 o'clock)

3&4 Step L back, Turn ½ right stepping R forward, Step L forward, (3 o'clock)

Rock R forward, Recover onto L, Rock R back, Recover onto L, 7&8 Step R forward, pivot ¼ turn left, Cross R over L. (12 o'clock)

S2: Left Together Forward, Cross Turn 1/8 Back, Back Turn 1/8 Cross, Right Together Forward.

1&2 Step L to side, Step R next to L, Step L forward,

3&4 Cross R over L, Turn 1/8 right to face right diagonal stepping L back, Step R back, (1.30)

5&6 Step L back, Turn 1/8 right stepping R to right side, Cross L over R (3 o'clock).

7&8 Step R to side, Step L next to R, Step R forward.

S3: ¾ Roll Left, Back ½ Left Forward, Rocking Chair, Step Turn Step.

1&2 Turn ¼ left stepping L forward, Turn ½ left stepping R back, Step L back, (6 o'clock)

5&6 Rock forward onto L, Recover onto R, Rock back onto L, Recover onto R,

7&8 Step L forward, pivot ½ turn right, Step L forward. (6 o'clock)

S4: Side Rock Cross, Side Rock Cross, Side Touch, Side Kick, Behind Side Cross.

Rock R to right side, Recover onto L, Cross R over L, Rock L to left side, Recover onto R, Cross L over R,

5&6& Step R to side, Touch L next to R, Step L to side, Kick R towards right diagonal,

7&8 Step R behind L, Step L to side, Step R over L.

S5: 1/4 Left, Step 1/2 Turn Left, 1/4 Left, Behind Side Cross, Sway Right Left.

Turn ¼ left stepping L forward. (3 o'clock)

Step R forward, Pivot ½ Turn left, (9 o'clock)

Turn ¼ left stepping R to right side.(6 o'clock)

Step L behind R, Step R to side, Step L over R,

Stepping R to side sway onto R, Sway onto L.

S6 Sailor ¼ Turn Right, Step Turn Step, Mambo 1/4 Turn Right, Cross Side Behind.

1&2 Step R behind L, Turning ¼ right step L to left side, Step R next to L, (9 o'clock)

3&4 Step L forward, Pivot1/2 turn right, Step L forward, (3 o'clock)

5&6 Rock forward onto R, Recover onto L, Turn ¼ right Stepping R to side, (6 o'clock)

7&8 Step L over R, Step R to side, Step L behind R.

***** Wall 5 - Step Change & Restart **********

During S3 replace counts 5&6 with

Step L forward.

Touch R next to L.

(Restart facing 12 o'clock on the word cartwheels)

Music Note – This dance was Choreographed to the album version of Cartwheels. If using the single version an extra Restart is required during wall 2 at the end of Sec 5.

Single version of the song has No intro.

(Contact - theldhighlander@gmail.com)