

Hypnotic Samba

拍數: 64 牆數: 2 級數: High Improver samba
編舞者: Sebastiaan Holtland (NL) - January 2017
音樂: No Lie (feat. Dua Lipa) - Sean Paul : (Single - iTunes & other mp3 sites)



Introduction: 16 counts after the words 'Baby Girl' start on approx 11 sec. No Tags Or Restarts

Part I. [1-8] Cross Bota Fogo x2, Samba Diamond ¼ Turn R.

1&2 Step R across L, Step L to L, Recover back onto R.
3&4 Step L across R, Step R to R, Recover back onto L.
5&6& Step R across L, Step L to L, Making 1/8 turn R (1.30) step R back, Hitch L knee up.
7&8 Step L back, Step R to R squaring up at (3:00), Step L forward.

PART II. [9-16] Samba Step R, Cucaracha (left), Volta ½ R Arch.

1&2 Step R forward, Recover back onto L, Step R slightly back.
3&4 Step L to L, Recover back onto R, Step L beside R.
5&6& Step R forward, Small Step L to L, Step R across L, Small Step L to L.
7&8 Step R across L, Small Step L to L, Step R across L squaring up at (9:00)

PART III. [17-24] Bota Fogo L, Cross Bota Fogo R, Samba Diamond ¼ Turn L.

1&2 Step L forward, Step R to R, Recover back onto L.
3&4 Step R across L, Step L to L, Recover back onto R.
5&6& Step L across R, Step R to R, Making 1/8 turn L (7.30) step L back, Hitch R knee up.
7&8 Step R back, Step L to L squaring up at (6:00), Step R forward.

PART IV. [25-32] Samba Whisk L, Samba Whisk R with ¼ Turn L, ½ Walking Circle L, Step with Samba Rock Back.

1&2 Step L big to L, Step R across L back, Recover back onto L.
3&4 Making ¼ turn L (3) step R big to R, Step L across R back, Recover back onto R.
5-6 L+R walking ½ Circle L to 9 o'clock.
7&8 Step L forward, Step R back, Recover back onto L.

PART V. [33-40] 2x Samba R, L, ¼ Turn L, 2x Samba Whisk R, L.

1&2 Step R big to R, Step L across R back, Recover back onto R.
3&4 Step L big to L, Step R across L back, Recover back onto L.
5&6 Making ¼ turn L (6) step R big to R, Step L across R back, Recover back onto R.
7&8 Step L big to L, Step R across L back, Recover back onto L.

PART VI. [41-48] 2x Promenade Samba Walk R, L, ½ Turn L, Back, ¼ Turn L, Side.

1&2 Small step R forward, Step L back, Recover back onto R.
3&4 Small step L forward, Step R back, Recover back onto L.
5-8 Step R forward, Pivot ½ Turn L (12) onto L, Making ½ turn L (6) step R back, Making ¼ turn L (3) step L to L.

PART VII. [49-56] Side, Sweep, Replace, Knee Pop Fwd, Sweep, Samba Diamond ¼ Turn R.

1-2 Step R to R, Step L behind R, Sweep R from front to back.
3-4 Step R back in place and pop L knee forward, Step L back in place and sweep R from back to front.
5&6 Step R across L, Step L to L, Making 1/8 turn R (4.30) step R back.
7&8 Step R back, Step L to L squaring up at (6:00), Step R forward.

PART VIII. [57-64] Samba Step R, Back Samba Step with ¼ turn L, ¾ Samba Running Circle L with knee lift L, Step, Lock, Step.

- 1&2 Step R forward, Recover back onto L, Step R slightly back.
3&4 Step L forward, Recover back onto R, Making $\frac{1}{4}$ turn L (3) step L forward.
5&6& Stepping R forward, Making $\frac{1}{4}$ turn L (12) stepping L forward, Making $\frac{1}{4}$ turn L (9) stepping R forward. & Making $\frac{1}{8}$ turn L (7.30) lift L knee up.
7&8 Making $\frac{1}{8}$ turn L (6) step L forward, Lock R behind L, Step L forward.

REPEAT DANCE AND HAVE FUN!!

Dance Edit, email: smoothdancer79@hotmail.com
