

Life Is Loving Me

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jamie Barnfield (UK) - December 2016
音樂: Lovin' Life - The Jive Aces : (Album: Spread A Little Happiness - iTunes & Amazon)



Intro: 32 counts (14 secs) (No Tags or Re-starts!)

S1: SIDE BEHIND, SIDE BRUSH, ROCK RECOVER, BACK, BACK &

1-2 Step right to right side, Cross left behind right
3-4 Turning 1/8 right step right to right side, Brush left though (1:30)
5-6 Rock forward on left, Recover on right
7-8& Step back on left, Step back on right, Step left next to right (1:30)

S2: ROCK RECOVER, ROCK RECOVER, STEP BRUSH, CROSS, BACK &

1-2 Rock forward on right, Recover on left
3-4 Rock forward on right, Recover on left (1:30)
(Styling option: Spread both hands out to the side, push the right foot forward raising right heel, pushing hips slightly forward, recover on left, x2)
5-6 Step forward on right, Brush left forward
(Styling option: Count 6 Brush through with left, lifting slightly up on right toes)
7-8& Cross left over right, Step back on right turning 1/8 left, Step left next to right (12:00)

S3: CROSS SIDE, CROSS SIDE, JAZZ BOX 1/4 R

1-2 Cross right over left, Step left to left side
3-4 Cross right over left, Step left to left side
(Styling option: Suzi Q's: Cross right over left grinding the right heel & fanning toes from left to right, step left to left side, x2)
5-6 Cross right over left, Step back on left
7-8 Turn ¼ right stepping right to right side, Step forward on left (3:00)

S4: STEP KICK, BACK TOUCH, POINT R, POINT FORWARD, POINT R, FLICK

1-2 Step forward on right, Kick left forward
3-4 Step back on left, Touch right toe back
5-6 Point right to right side, Point right forward
7-8 Point right to right side, Flick right behind left (3:00)

ENDING: Wall 13:

Dance up to S2: count 6, Cross left over right & unwind a full right turn to finish dance facing (12:00)