No Way to Treat a Lady



拍數: 32 牆數: 4 級數: Improver

編舞者: Hayley Wheatley (UK) - January 2017

音樂: That Ain't No Way To Treat A Lady - Bonnie Raitt: (Album: Nine Lives)



Music Available from iTunes and Amazon

Count In: 16 counts

Tag: Performed at the end of walls 2 and 10 (facing 6:00) and during wall 8 following count 24 (facing 12:00) then Restart the dance again.

S1: CHASSE 1/4 TURN, STEP, PIVOT 1/2TURN, SHUFFLE FORWARD, ROCK FORWARD, RECOVER

1&2 Step RF to R side, Close LF next to RF, step RF to R side making ¼ turn R□3:00

3-4 Step fwd onto LF, Pivot ½ turn R□9:00

5&6 Step fwd on LF, Step RF next to LF, Step fwd on LF□9:00

7-8 Rock fwd onto RF, Recover onto LF □9:00

S2: SHUFFLE ½ TURN RIGHT, SHUFFLE ½ TURN RIGHT, SIDE STEP, TOUCH, SIDE STEP, TOUCH

Shuffle ½ turn R stepping R,L, R□ 3:00
Shuffle ½ turn R stepping L, R, L □9:00

5-6 Step RF to R side, Touch L toe next to RF□9:00
7-8 Step LF to L side, Touch R toe next to LF□ 9:00

S3: KICK BALL SIDE TOUCH, KICK BALL SIDE TOUCH, JAZZ BOX WITH CROSS

1&2 Kick RF fwd, Step onto RF, Touch L toe out to L side □9:003&4 Kick LF fwd, Step onto LF, Touch R toe out to R side □ 9:00

5-6 Cross RF over LF, Step back onto L□9:00

7-8 Step RF to R side, Cross LF over R (Perform Tag here during wall 8 then Restart)□9:00

S4: SIDE STEP, TOUCH, KICK BALL CROSS, SIDE STEP, TOUCH, KICK BALL CROSS

1-2 Step RF to R side, Touch L toe next to RF□9:00
3&4 Kick LF fwd, Step LF to L side, Cross RF over L□9:00
5-6 Step LF to L side, Touch R toe next to LF□9:00

7&8 Kick RF fwd, Step RF to R side, Cross LF over R□9:00

Start Again!

TAG: SIDE ROCK, RECOVER, ROCK BEHIND, RECOVER

1-2 Rock RF to R side, Recover onto LF□6:003-4 Rock RF behind L, Recover onto LF□6:00