

Watch Me Do

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Betty Moses (USA) - January 2017
音樂: Watch Me Do - Meghan Trainor : (Album: Thank You, Deluxe)



Intro: 16 Counts

[1-8] □ Big step Back, Hold, ball step, walk/walk. Lock Step Forward, ¼ Turn Pivot/Cross

1 2 Big step back on R (1), Hold (dragging L back) (2)
& 3 4 Step ball of L next to R (&), Step R forward (3), Step L forward (4)
5 & 6 Step R forward (5), Lock L behind R (&), Step R forward (6)
7 & 8 Step L forward (7), Pivot ¼ right (&), Cross L over R (8) 3:00

[9-16] □ Step Side, Hold, Ball Step, Rock/Recover, ¼ Sailor Cross Over, ¾ Unwind/Step

1 2 Big step to the side on R (1), Hold (2)
& 3 4 Step ball of L next to R (&), Rock R to side (3), Recover weight on L (4)
5 & 6 Step R behind L (5), Step L forward turning ¼ left (&), Step R forward slightly crossing over L (6) 12:00
7 8 Unwind ¾ left (7), Step L to side (8) 3:00

[17-24] □ Forward Rock/Recover, Ball Step, Forward Rock/Recover, Ball Step, Step ½ Pivot Turn Out/Out, In/In

1 2& Rock forward on R (1), Recover weight L (2), Step ball of R next to L (&),
3 4& Rock forward on L (3), Recover weight on R (4), Step ball of L next to R (&)
5 6 Step forward on R (5), Pivot ½ turn left 9:00
&7&8 Step forward and out on R (&), Step forward and out on L (7), Step back and in on R (&),
Step L next to R (8)

[25-32] ¾ Box Step With Knee Pops

1&2 Step R to side (1), Pop knees out (&), Return knees to neutral (2)
3&4 Step L to side turning ¼ right (3), Pop Knees out (&), Return knees to neutral (4) 12:00
5&6 Step R to side turning ¼ right (5), Pop knees out (&), Return knees to neutral (6) 3:00
7&8 Step L to side turning ¼ right (7), Pop knees out (&), Return knees to neutral (8) 6:00

TAG: At the end of wall 7 (facing the back wall)

1&2 Step R to side turning ¼ right (1), Pop knees out (&), Return knees to neutral (2) 9:00
3&4 Step L to side (3), Pop Knees out (&), Return knees to neutral (4)
5&6 Step R to side turning ¼ right (5), Pop knees out (&), Return knees to neutral (6) 12:00
7&8 Step L to side (7), Pop knees out (&), Return knees to neutral (8)

Dance Ends at the Front Wall - Enjoy

Contact: dorbmoses@msn.com

Last Update - 5th Jan 2017