

Happy Man

拍數: 64 牆數: 4 級數: Improver
編舞者: Francien Sittrop (NL) - December 2016
音樂: Happy Man - Derek Ryan



Intro: Start after 16 counts from the beginning on vocals (06sec)

[1 – 8] □ Step fwd, Touch & Clap , Step Back, Touch & Clap, Coaster Step , Hold

1 – 2 Step R diagonally R fwd, Touch L next to R and Clap hands
3 – 4 Step L diagonally L back, Touch R next to L and clap hands
5 – 8 Step R back, Step L next to R, Step R fwd, Hold

[9-16] □ Step fwd, Touch & Clap x2, Fwd Coaster Step, Kick

1 – 2 Step L diagonally L fwd, Touch R next to L and Clap hands
3 – 4 Step R diagonally R fwd, Touch L next to R and Clap hands
5 – 8 Step L fwd. Step R next to L, Step L back , Kick R fwd

[17-24] □ Step Back, Kick x2, Coaster step, Hold

1 – 2 Step R back, Kick L fwd,
3 – 4 Step L back, Kick R fwd
5 – 8 Step R back, Step L next to R, Step R fwd, Hold

[25-32] □ Step fwd, ¼ Turn R, Cross, Hold, Vine R

1 – 4 Step L fwd, ¼ Turn R, Step L across R, Hold
5 – 8 Step R to R side, Step L behind R, Step R to R side, Step L across R

[33-40] □ Side, Together , Fwd, Hold, Mambo Step , Hold

1 – 4 Step R to R side, Step L next to R, Step R fwd, Hold
5 – 8 Rock L fwd, Recover on R, Step L back, Hold

[41-48] □ Coaster Step, Hold, Step fwd, Pivot ½ R, Hold

1 – 4 Step R back, Step L next to R, Step R fwd, Hold
5 – 8 Step L fwd, Pivot ½ Turn R, Step L fwd, Hold

[49-56] □ Lock step R, Scuff, Lock step L, Together

1 – 4 Step R fwd, Lock L behind R, Step R fwd, Scuff L fwd
5 – 8 Step L fwd , Lock R behind L , Step L fwd, Step R next to L

[57-64] □ Swivels R , Hold & Clap, Swivels L, Hold & Clap

1 – 4 Swivel both Heels R, Toes R, Heels R, Hold & clap Hands
5 – 8 Swivel both Heels L, Toes L, Heels L, Hold & clap Hands

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