

Side To Side

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Indieliners (INA) - December 2016
音樂: Side To Side (feat. Nicki Minaj) - Ariana Grande



Optional music: Cover Version by Red and Esmee Denters – 140 BPM

Intro: 16 Counts – Sequence: A, B, C, C, – A, B, C, C, – A, *Short A, B, Tag – C, C, * Short A

SECTION A: 32 counts

A1 - Walk forward – Jazz Box 1/8 Right Turn - Point Forward & Back – Botafogo 1/8 Left Turn

1-2 Step R forward – Step L forward
3&4 Cross R over L – Turn 1/8 to right stepping L behind R (1.30) – Step R to right
5-6 Point L forward – Point L back
7&8 Cross L over R – Turn 1/8 to left rocking R to right – Recover on L (12.00)

A2 - Mambo Step – Coaster Step – Pivot 1/2 Left Turn – Pivot 1/2 Left Turn

1&2 Rock R forward – Recover on L – Step R back
3&4 Step L back – Step R together – Step L forward
5-6 Step R forward – Turn 1/2 to left (Weight on L – 6.00)
7-8 Step R forward – Turn 1/2 to left (Weight on L – 12.00)*

* Short A (1-16)

A3 - Mambo Cross Step – Mambo Cross Step – Mambo Step – Left Full Unwind Turn

1&2 Rock R to right – L Recover – Cross R over L
3&4 Rock L to left – Recover on R – Cross L over R
5&6 Rock R forward – Recover on L – Step R back
7&8 Cross touch L behind R – Unwind Full turn to left (Weight on L - 12.00)

A4 - Mambo Cross Step – Mambo Cross Step – Back Step – Back Step with A Sweep – Back Step with A Sweep – Back Step

1&2 Rock R to right – Recover on L – Cross R over L
3&4 Rock L to left – Recover on R – Cross L over R
5-6 Step R back – Step L back sweeping R from front to back
7-8 Step R back sweeping L from front to back – Step L back

SECTION B: 16 counts

B1 - 1/4 Right Turn-Forward Touch with R Hip Bump – L Hip Bump – 1/2 Left Turn with a Hip Roll - Toe Strut with Hip Bumps – Forward Touch with R Hip Bump – L Hip Bump – 1/2 Left Turn with a Hip Roll – Toe Strut with Hip Bumps

1&2 Turn 1/4 to right (3.00) touching R in front of L, bumping hips to right – Bump hips to left – Step on R rolling hips counter clockwise while turning 1/2 Left (Weight on R – 9.00)
3-4 Touch L toe in front of R bumping hips to left – Drop L heel bumping hips to right
5&6 Touch R in front of L bumping hips to right – Bump hips to left – Step on R rolling hips counter clockwise while turning 1/2 left (Weight on R - 3.00)
7-8 Touch L toe in front of R bumping hips to left – Drop L heel bumping hips to right

B2 - Circling – Paddle

1-2-3-4 Turn 1/8 to left stepping R forward (1.30) – Turn 1/8 to left stepping L forward (12.00) – Turn 1/8 to left stepping R forward (10.30) – Turn 1/8 to left stepping L forward (9.00)
5& Point R to right – Hitch R –
6& Turn 1/4 to left on L and point R to right (6.00) – Hitch R -
7& Turn 1/4 to left on L and point R to right (3.00) – Hitch R

8 Turn 1/4 to left on L and point R to right (12.00)

SECTION C: 16 counts

C1 - Charleston

1-2 Swing R to front pointing R forward – Swing R to back and step R back
3-4 Swing L to back and point L back – swing L to front stepping L forward
5-6 Swing R to front pointing R forward – Swing R to back and stepping R back
7-8 Swing L to back and point L back – swing L to front stepping L forward

C2 - Out-In Touch – Slide - In Touch – Repeat – Side-Drag – 1/4 Left Turn-Forward-Drag – Side-Drag-Side

1&2& Touch R out to right – Touch R in beside L – Slide R to right – Touch L in beside R
3&4& Touch L out to left – Touch L in beside R – Slide L to left – Touch R in beside L
5& Step R to right – Drag L towards R –
6& Turn ¼ to left Stepping L forward – Drag R towards L (9.00)
7&8 Step R to right – Drag L towards R – Step L to left

TAG (12.00)

At the end of Section B, on Count 16, just before the Tag, instead of pointing R to right, Step R to right, and dance the Tag.

1&2 swivel both heels to left – swivel both heels to right – swivel both heels to left (Weight on L)

Enjoy

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