

Track 9

拍數: 32 牆數: 4 級數: Improver
編舞者: Brandi Hughes (CAN) - December 2016
音樂: Track 9 - Twoshine County : (iTunes, amazon)



Sec 1. Rock, Recover, Cross, ¼ Turn, Step, Rock, Recover, Cross Shuffle

- 1-2 Step Right foot to right side, Recover weight onto Left foot
3&4 Cross Right foot over left, Step Left foot back making ¼ turn right (3:00), Step Right foot beside left
5-6 Step Left foot to left side, Recover weight on Right foot
7&8 Cross Left foot over right, Step Right foot to right side, Cross Left foot over right
***Restart Here on Wall 3**

Sec 2. ½ Monterey Turn, Rocking Chair, Sweep

- 1-2 Point Right toe to right side, Make ½ turn right (9:00) stepping Right foot beside left
3-4 Point Left toe to left side, Step Left foot beside right
5&6& Step Right foot forward on the right diagonal, Recover weight back on left foot, Step Right foot back on the diagonal, Recover weight forward on left foot
7-8 Step Right foot forward (squaring up to center), Sweep Left foot around and forward

Sec 3. ½ Rhumba Box, Shuffle Forward, Mambo Step

- 1&2 Cross Left foot across right, Step Right foot to right side, Step Left foot beside right
3&4 Step Right foot back, Step Left foot to left side, Step Right foot beside left
5&6 Step Left foot forward, Step Right foot beside left, Step Left foot forward
7&8 Step Right foot forward, Recover weight back on Left foot, Step Right foot beside left

Sec 4. Cross Mambo, Slide, Cross Mambo Slide, Rock, Recover, Turning ½ Shuffle

- 1&2 Cross Left foot over right, Recover weight back on Right foot, Take large step Left
3&4 Cross Right foot over right, Recover weight back on Left foot, Take large step Right
5-6 Step forward on Right foot, Recover weight back on Left foot
7&8 Step Left to left side making ¼ turn left (6:00), Step Right foot beside left, Step Right foot forward making ¼ turn left (3:00)

***Restart: Wall 3 – You will start the dance on 6:00 – do the first 8 counts (finishing this set of 8 on your 9:00 wall) and start the dance again! No more restarts!**

Enjoy!