

How Gee

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Aradong (KOR) - December 2016
音樂: How Gee (빅뱅) - BIGBANG



#1 sec: R SIDE, L HEEL TOUCH, L SIDE, R HEEL TOUCH, R STEP, L KICK, L TOUCH, LEFT 1/2 TURN.

1 2 3 4 step R to right side, L cross heel touch, step L to left side, R cross heel touch.
5 6 7 8 Step R forward, Kick L forward, Touch L toe back, 1/2 turn left taking weight onto left. (06:00)

#2 sec: R CROSS ROCK, RECOVER, R SIDE, L CROSS ROCK, RECOVER, L SIDE, R TOUCH, R CHARLESTON.

1&2&3&4 R cross rock, recover, step R to left side, L cross rock, recover, step L to right side, touch R to L side.
5 6 7 8 touch R toe forward, sweep right around and step R back, touch L toe back, sweep left around and step R forward.(06:00)

#3 sec: R VINE STEP, JUMP, L ROLLING VINE, R FORWARD ROCK, RECOVER.

1 2 3 4 step R to right, step L behind R, step R to right, jump in place.(06:00)
5 6 7 turn ¼ left and step L forward, turn ½ left and step R back, turn ½ left and step L forward.(3:00)
&8 R forward rock, recover.(3:00)

#4 sec: R SWEEP, L SWEEP, R COASTER STEP, L KICK BALL POINT, R KICK BALL POINT.

1 2 step back sweeping R, step back sweeping L.
3&4 step R back, step L to R, step R forward.
5&6 kick L forward, closed L to R side, point R to right side.
7&8 kick R forward, closed R to L side, point L to left side.

#5 sec: L SAILOR, R SAILOR 1/4 TURN, L OUT, R OUT, L APPLE JACK STEP.

1&2 cross L behind R, closed R to L side, step L to left side.
3&4 cross R behind L & 1/4 turn right, step L to R side, step R to forward
5 6 step out L diagonal forward, step out R diagonal forward.
&7&8 take weight onto your L heel, swivel your R to the left side, then return your feet to centre with weight ending on right. Take your weight onto your R heel, swivel your L to the right side, then return your feet to centre.

#6 sec: L HITCH & HIP BUMPS 1/4 TURN, L CROSS ROCK, RECOVER, L SIDE, R JAZZ BOX, L CROSS, R BACK, L SIDE, R CLOSE.

1 2 L hitch and hip bumps right 1/4 turn
3&4 L cross rock, recover, step R to left side
5&6& cross R over L, step L back, step R to right side, cross L over R.
7&8 step R back, step L to left side, closed R to L.

#7 sec: L DIAGONAL BIG STEP, R BIG STEP, L RUN, R RUN, L RUN, R POINT & L POINT.

1 2 big step L to left diagonal back and slide R, closed R to L.
3 4 big step R to right side and slide L and 1/4 right turn, closed L to R.
5&6 run L, run R run L.
7&8 point R to right side, closed R to L, point L to left side.

#8 sec: L OUT, R OUT, L IN, R IN, WALK 4X (R, L, R, L) TURNING 1/2 LEFT

1 2 step out L diagonal forward, step out R diagonal forward.
3 4 step in L to back, closed R to L.
5 6 7 8 walk R, L, R, L gradually turning 1/2 left

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