

Take Me Home

COPPERKNOB
BY STEPHANIE

拍數: 32 牆數: 4 級數:
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音樂: Take Me Home - Jess Glynne



Out, out, arms up, arm right, 1&4 turn left, back, back, back, tripple step, 1&2 turn right, back, back stomp, RF right, right arm up

& LF left, left arm up
2 Right arm to the right, 1&4 turn left, weight on LF
3 RF back
& LF back
4 RF back
5 LF forward.
& recover weight RF
6 ½ turn right, weight on LF
7 RF back
& LF back.
8 Stomp both heels on the floor

Back back touch, ¾ turn right, side cross, rock, side cross rock,

1 RF back,
& LF back.
2 RF touch right
3 ¼ turn right, RF forward facing 15:00
& ¼ tur right, LF close RF
4 ½ turn right, RF right.
5 LF left
& RF cross forward LF
6 LF rock left
7 RF right
& LF cross forward RF
8 RF rock right

Back back back, arms movement dip down, back back ½ tur left, back back hold, behind side hold

1 LF back.
& RF back.
2 LF back
3 L arm forward
& R arm forward
4 Dip down, head between the arms, weight on RF
5 LF back
& RF back
6 ½ turn left, LF back facing 21:00
7 RF back.
& LF back.
8 RF hold

Arm movements, ½ turn, sailor step, roll knees hold, heel stomps, bodyroll

1 RF back
& LF back
2 ¼ turn right, RF right

- 3 L arm forward
- & R arm forward
- 4 ½ turn right.
- 5 RF back
- & LF close RF
- 6 RF right
- 7 Roll right knee right
- & roll Left knee left.
- 8 Stomp both knees on floor, Body roll from legs to body

Start again
