

Young Hearts

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Marian van der Heijden (NL) - December 2016
音樂: Young Hearts Run Free - Candi Staton



Intro: 16 Tellen

S:1. □Step Right, Touch, Step Left Touch, Right Side Rock, Recover, Cross Shuffle to Left

1,2 RF Step to Right Side, Touch LF beside RF
3,4 LF Step to Left Side, RF Touch beside LF
5,6 RF Rock to Right Side, Recover on LF
7&8 RF Step Across LF, LF Step left Side, RF Step Across LF

S:2. □Step ¼ Pivot Turn Right, Left Shuffle Forward, Right Rockin Chair

1,2 Step Left Forward, Pivot ¼ Turn Right (3:00)
3&4 Step Left Forward, RF Step beside LF, Step Left Forward
5,6 Rock Right Forward, Recover on LF
7,8 Rock Right Back, Recover on LF

Restart Here in the 11th Wall

S:3. □Step ½ Pivot Turn L-om, Jazzbox Cross

1,2 Step Right Forward, Pivot ½ Turn Left (9:00)
3,4 RF Step Across LF, Step Left Back
5,6 RF Step to Right Side, LF Step Across RF

Restart Here in the 3rd, 8th Walls

7,8 Step Right Back, LF Step to Left Side

S:4. □Right Kick Bal Point, Left Kick Bal Point, Stap Right Back, Touch, Step Left Back, Touch

1&2 Kick Right Forward, Step on bal of RF beside LF, LF Touch to Left Side
3&4 Kick Left Forward, Step on bal of LF beside RF, RF Touch to Right Side
5,6 Step Right Back, LF Touch beside RF
7,8 Step Left Back, RF Touch beside LF

Start Again:

Restart In the 3rd Wall on (3:00), In the 8th Wall on (12:00) & 11th Wall on (9:00)

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