Mr. Trouble

拍數: 32

級數: Improver

編舞者: Stella Kim (KOR) - December 2016

音樂: Mr. Trouble by 2BiC

Intro: 8 counts - Sequence: 32-32-16-32-Tag1-32-16-32-32-32-Tag2-32-32

SEC 1: BACK TWINKLE, BACK TWINKLE, BACK ROCK, RECOVER, 1/4 L WITH TICK TOCK RIGHT

- 1&2 RF cross behind LF, LF side rock, RF recover
- 3&4 LF cross behind RF, RF side rock, LF recover
- 5-6 RF back rock, LF recover
- 7&8 1/4 turn to L with both heel in, both heel out, both heel in(move to the right during the tick tock step)(9:00)

SEC 2: CROSS, SIDE, HEEL TOUCH & JAZZ BOX, FORWARD CRAZY LEGS, FORWARD CRAZY LEGS, FORWARD MAMBO

1&2& LF cross over RF, RF side, LF diagonal forward heel touch, LF beside RF

3&4 RF cross over LF, LF back, RF side, LF forward crazy legs, RF forward crazy legs

Easy Option: LF forward, RF forward

7&8 LF forward rock, RF recover, LF back(9:00) *restart here

SEC 3: BACK ROCK, RECOVER, TOGETHER, DIAGONAL KICK, REPLACE, DIAGONAL KICK, 1/4 R WITH JAZZ BOX, CROSS SHUFFLE

- 1-2 RF back rock, LF recover
- 3&4&RF beside LF with both knees bend, LF diagonal forward kick with both knees straight, LF
replace with both knees bend, RF diagonal forward kick with both knees straight
- 5&6 1/4 turn to R with RF cross over LF, LF back, RF side
- 7&8 LF cross over RF, RF side, LF cross over RF(12:00)

SEC 4: SIDE ROCK, 1/4 L WITH FORWARD, TRIPLE FULL TURN, SIDE ROCK, RECOVER, TOGETHER, SIDE ROCK, RECOVER

- 1-2 RF side rock, 1/4 turn to L with LF forward
- 3&4 1/2 turn L with RF back, 1/2 turn L with LF beside RF, slightly forward
- 5-6& LF side rock, RF recover, LF beside RF
- 7-8 RF side rock, LF recover(9:00)

RESTART: On the 3rd, 6th wall, you should dance until 16 counts and start again

TAG 1(8Counts): After 4th wall,

- 1-4 RF cross over LF, LF cross over RF, RF back(push your hip backward), LF side
- 5-8 Repeat upper steps

(Arm action: you will raise both hands in the opposite direction as the feet to the each beat)

TAG 2(12Counts): After 9th wall,

1-4 RF cross over LF, LF cross over RF, RF back side (push your hip backward), LF side
5-8 repeat upper steps

(Arm action: you will raise both hands in the opposite direction as the feet to the each beat)

- 9&10& RF slightly back with both knees bend, LF diagonal forward kick with both knees straight, LF slightly back with both knees bend, RF diagonal forward kick with both knees straight
- 11&12& Repeat upper steps

Contact ~ E-MAIL: sktelkmh@naver.com

http://www.youtube.com/user/thetrianglelinedance





牆數:4