The Simple Things

級數: Intermediate

編舞者: Nicolas Chesney (FR) - December 2016

音樂: How I'll Always Be - Tim McGraw

Section 1: Rumba Box

拍數: 64

- 1-4 Step R to R side, Step L next to R, Step R forward, Hold
- 5-8 Step L to L side, Step R next to L, Step L forward, Hold

Section 2: ½ Turn Mambo Forward, ½ Turn Shuffle

- 1-4 Step R forward, Recover weight on L, ¹/₂ Turn to R and step R forward, Hold (6:00)
- 5-8 ¹/₂ Turn R back shuffle (LRL), Hold (12:00)

Section 3: Rock Step Back w/ 1/2 Turn Recover, 1/4 Turn Shuffle

- 1-4 Step R behind, Recover weight on L, ¹/₂ Turn to L and step R behind, Hold (6:00)
- 5-8 ¹/₄ Turn L side shuffle (LRL), Hold (3:00)

Section 4: Cross Rock Step w/ ¼ Turn Recover, ½ Turn Shuffle

- 1-4 Cross step R over L, Recover weight on L, ¼ Turn to R and step R forward, Hold (6:00)
- 5-8 ¹/₂ Turn R backward shuffle (LRL), Hold (12:00)

Section 5: Coaster Step, 1/2 Turn Shuffle, 1/2 Turn Hook

- 1-4 Step R behind, Step L next to R, Step R forward, Hold
- 5-7 ¹/₂ Turn R backward shuffle (LRL) (6:00)
- 8 ¹/₂ Turn R with R hook (12:00)

Section 6: Shuffle Forward, Mambo Forward

- 1-4 Shuffle Forward (RLR), Hold
- 5-8 Step L forward, Recover weight on R, Step L behind, Hold
- ** On wall 6, at the end of Section 6, restart the dance!

Section 7: ¾ Turn Smooth Diamond w/ Hold

- 1-2 1/8 Turn to L and step R behind to L diagonal, Drag L up to R and slightly touch L next to R (10:30)
- 3-4 Step L forward to L diagonal, Drag R up to L and slightly touch R next to L
- 5-6 1⁄4 Turn to L and step R behind to L diagonal, Drag L up to R and slightly touch L next to R with 1/8 turn to L (6:00)
- 7-8 ¹/₄ Turn to L and step L forward, Hold (3:00)

Section 8: Step-Lock-Step w/ Brush (x2)

- 1-4 Step R to R diagonal, Lock L behind R, Step R to R diagonal, Brush
- 5-8 Step L to L diagonal, Lock R behind L, Step L to L diagonal, Brush
- *** Tag here at the end of wall 7

End of the dance, have fun!

** Restart: on wall 6, restart the dance from the beginning at the end of section 6!

*** Tag: wall 7 – After Section 8, add these 8 counts and Restart the dance: Rumba Box

1-4 Step R to R side, Step L next to R, Step R forward, Hold
5-8 Step L to L side, Step R next to L, Step L forward, Hold





牆數:2

Contact: planet.wild@hotmail.fr

Last Update - 29th Dec 2016