

Dans

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Monika Mickein (DE) - November 2016
音樂: Dans op die Tafels - Kurt Darren



Intro: 64 counts - No Tag, No Restart

Side Together, Chasse, Cross Rock, Chasse ¼ L Turn

1-2 RF step right, LF close next to RF
3&4 RF step right, LF close next to RF, RF step right
5-6 LF cross over RF, recover (weight on RF)
7&8 LF step left, RF close next to LF, LF ¼ L turn step fwd □ (9:00)

Rock Fwd R, Rock Fwd L, Walk Back L R, Back Lockstep

1-2& RF rock fwd, recover (weight on LF), RF close next to LF
3-4 LF rock fwd, recover (weight on RF)
5-6 LF walk back, RF walk back
7&8 LF step back, RF lock front LF, LF step back

Rock Back, R Lockstep Fwd, Step Lock, L Lockstep

1-2 RF rock back, LF recover (weight on left)
3&4 RF step fwd, LF lock behind RF, RF step fwd
5-6 LF step fwd, RF lock behind LF,
7&8 LF step fwd, RF lock behind LF, LF step fwd

Rock Fwd, ¼ Turn R, Chasse, Cross Point, ¼ Turn R, Step R/L Fwd

1-2 RF step fwd, LF recover (weight on LF)
3&4 ¼ turn R, RF step right, LF close next to RF, RF step right □ (12:00)
5-6 LF cross over RF, RF point right side
7-8 ¼ turn R, RF small step fwd, LF small step fwd □ □ □ (3:00)

Start again – have fun

**Dedicated to my Dutch friend Ron van Oerle
Let's "DANS" 19.11.2016**

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