

# Dans

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Monika Mickein (DE) - November 2016  
音樂: Dans op die Tafels - Kurt Darren



**Intro: 64 counts - No Tag, No Restart**

**Side Together, Chasse, Cross Rock, Chasse ¼ L Turn**

1-2            RF step right, LF close next to RF  
3&4           RF step right, LF close next to RF, RF step right  
5-6           LF cross over RF, recover (weight on RF)  
7&8           LF step left, RF close next to LF, LF ¼ L turn step fwd □ (9:00)

**Rock Fwd R, Rock Fwd L, Walk Back L R, Back Lockstep**

1-2&          RF rock fwd, recover (weight on LF), RF close next to LF  
3-4           LF rock fwd, recover (weight on RF)  
5-6           LF walk back, RF walk back  
7&8           LF step back, RF lock front LF, LF step back

**Rock Back, R Lockstep Fwd, Step Lock, L Lockstep**

1-2           RF rock back, LF recover (weight on left)  
3&4           RF step fwd, LF lock behind RF, RF step fwd  
5-6           LF step fwd, RF lock behind LF,  
7&8           LF step fwd, RF lock behind LF, LF step fwd

**Rock Fwd, ¼ Turn R, Chasse, Cross Point, ¼ Turn R, Step R/L Fwd**

1-2           RF step fwd, LF recover (weight on LF)  
3&4           ¼ turn R, RF step right, LF close next to RF, RF step right □ (12:00)  
5-6           LF cross over RF, RF point right side  
7-8           ¼ turn R, RF small step fwd, LF small step fwd □ □ □ (3:00)

**Start again – have fun**

**Dedicated to my Dutch friend Ron van Oerle  
Let's "DANS" 19.11.2016**

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