Let's Get Back To Me and You

COPPER KNO

拍數: 64

牆數:2

級數: Intermediate

編舞者: Namida Dancers (CH) - December 2016

音樂: Let's Get Back to Me and You - Alan Jackson : (Album: The Bluegrass)

Intro: 40 counts,	
[1-8] □APPLE	JACKS MOVE LEFT RIGHT, RIGHT RIGHT, RIGHT RIGHT, RIGHT LEFT
1, 2	With the weight left on heel and right on toe, swivel first left than right
3, 4	With the weight left on toe and right on heel swivel to right, change the weight left on heel and right on toe and swivel again to right
5, 6	With the weight left on toe and right on heel swivel to right, change the weight left on heel and right on toe and swivel again to right
7, 8	With the weight left on toe and right on heel, swivel first right than left
[9-16] □APPLE	E JACKS MOVE RIGHT LEFT, LEFT LEFT, LEFT LEFT, LEFT RIGHT
1, 2	With the weight left on toe and right on heel, swivel first right than left
3, 4	With the weight left on heel and right on toe swivel to left, change the weight left on toe and right on heel and swivel again to left
5, 6	With the weight left on heel and right on toe swivel to left, change the weight left on toe and right on heel and swivel again to left
7, 8	With the weight left on heel and right on toe, swivel first left than right
[17-24] HEEL CLOSE, HEEL CLOSE, BACK TOUCH 1/4 TURN JUMP BACK KICK, STOMP SCUFF	
1, 2	RF touch forward on heel, RF close beside LF
3, 4	LF touch forward on heel, LF close beside RF
5, 6	RF back touch on toe and 1/4 turn, RF jump back and LF kick forward
7, 8	LF stomp, scuff RF forward
[25-32] □HEEL	. CLOSE, HEEL CLOSE, BACK TOUCH 1/4 TURN JUMP BACK KICK, STOMP SCUFF
1, 2	RF touch forward on heel, RF close beside LF
3, 4	LF touch forward on heel, LF close beside RF
5, 6	RF back touch on toe and 1/4 turn, RF jump back and LF kick forward
7, 8	LF stomp, scuff RF forward
[33- 40] □HEE	L CLOSE, HEEL FLICK, HEEL HOOK, HEEL CLOSE
1, 2	RF touch forward on heel, RF close beside LF
3, 4	LF touch forward on heel, LF flick on left and slap with LH
5, 6	LF touch forward on heel, LF hook across RF
7, 8	LF touch forward on heel, LF close beside RF
[41- 48] □HEE	L CLOSE, HEEL FLICK, HEEL HOOK, HEEL CLOSE
1, 2	LF touch forward on heel, LF close beside RF
3, 4	RF touch forward on heel, RF flick on right and slap with RH
5, 6	RF touch forward on heel, RF hook across LF
7, 8	RF touch forward on heel, RF close beside LF
[49- 56] □KICK	STOMP, FLICK STOMP, SWIVEL SWIVEL 1/4 TURN, SWIVEL STOMP
1 2	RE kick forward, RE stomp beside LE

- RF kick forward, RF stomp beside LF 1, 2
- RF flick right, RF stomp beside LF 3, 4
- 5, 6 RF swivel on heel to right, RF swivel on toe to right and 1/4 turn
- 7,8 RF swivel on heel to right, LF stomp beside RF



[57- 64] □KICK STOMP, FLICK STOMP, SWIVEL SWIVEL 1/4 TURN, SWIVEL STOMP

- 1, 2 LF kick forward, LF stomp beside RF
- 3, 4 LF flick left, LF stomp beside RF
- 5, 6 LF swivel on heel to left, LF swivel on toe to left and 1/4 turn
- 7, 8 LF swivel on heel to left, RF stomp beside LF

TAG: 8 counts after the 3. wall

APPLE JACKS LEFT WITH 1/2 TURN

[4x]□With the weight left on heel and right on toe swivel to left, change the weight left on toe and right on heel and swivel again to left with 1/8 turn

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