

LLH Shuffle

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Roger Ingmire (USA) - August 2016
音樂: The Rock (Shorten Version) - Ms. Jody



Intro: 16 counts - Rotation: CW; Weight on left

[1 - 8] Right Triple Forward, Left Triple Forward, Sway 4X

1 & 2 Step right forward, step left beside right, step right forward
3 & 4 Step left forward, step right beside left, step left forward
5 - 8 Step right to side swaying right, left, right, left (weight ends of left)

[9 - 16] Right Triple back, Left Triple back, Sway 4X

1 & 2 Step right back, step left beside right, step right back
3 & 4 Step left back, step right beside left, step left back
5 - 8 Step right to side swaying right, left, right, left (weight ends on left)

[17 - 24] Lindy Shuffle Right, Lindy Shuffle Left

1 & 2 Step Right to side, step left beside right, step right to side
3 - 4 Rock back left, recover right
5 & 6 Step left to side, step right beside left, step left to side
7 - 8 Rock back on right, recover on left

[25-32] Right Jazz Box, Right Jazz Box 1/4 turn

1-2 Cross right over left, step left back
4-5 Step right to side, step left together
5-6 Cross right over left, step left back
7-8 Turn 1/4 right and step right forward, step left together

DANCE STARTS OVER

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