

O Donegal

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Tonnie Vos (NL) - December 2016
音樂: Ted en Heleen - Donegal We're Going Home



Option: Trevor Loughrey ↗- Donegal We're Going Home

Intro: Start on Voice

S:1. □ Rock Right Back, Recover, Shuffle Right Fwd, Shuffle ½ Turn Right, Right Coasterstep

1-2 Rock Right Bkw , Recover on Left
3&4 Step Right Fwd, Step Together , Step Right Fwd
5&6 LF Step ¼ Turn Right , Step Together , LF Step ¼ Turn Right Back (6:00)
7&8 Step Right Back , Step Together , Step Right Fwd

S:2. □ Left Side Rock, Recover, Left Cross Shuffle, Step Right, Cross behind, Chassé ¼ Turn Right

1-2 Rock Left Side , Recover on Right
3&4 LF Step Across Right , Step Right Side , LF Step Across Right
5-6 Step Right Side , LF Step behind Right
7&8 Step Right Side , Step Together , Step ¼ Turn Right Fwd (9:00)

S:3. □ Rock Left Fwd, Recover, Shuffle ½ Turn Left , Full Turn Left, Right Mambo Step Fwd

1-2 Rock Left Fwd , Recover on Right
3&4 Step ¼ Turn Left , Step Together , Step ¼ Turn Left Fwd (3:00)
5-6 RF Step ½ Turn Left Back (9:00) , LF Step ½ Turn Left Fwd (3:00)
7&8 Rock Right Fwd , Recover on Left , Step Right Back

S:4. □ Sweep Left Back , Sweep Right Back , Left Coasterstep , Right Rocking Chair

1-2 Sweep Left Back , Sweep Right Back
3&4 Step Left Back , Step Together , Step Left Fwd
5-8 Rock Right Fwd , Recover on Left , Rock Right Back, Recover on Left

S:5. □ Right Heel Dig , Touch Toe beside , Left Heel Dig , Touch Toe beside (Totaal ½ turn left in 8 counts)

1&2& Touch Right Heel 1/8 Turn Left Fwd , Step Together , Touch Left Heel Fwd , Step Together (1:30)
3&4& Touch Right Toe 1/8 Turn left , Step Together , Touch Left Toe , Step Together (12:00)
5&6& Touch Right Heel 1/8 Turn Left Fwd , Step Together , Touch Left Heel Fwd , Step Together (10:30)
7&8& Touch Right Toe 1/8 Turn Left , Step Together , Touch Left Toe , Step Together (9:00)

S:6. □ Rock Right Fwd , Recover , Shuffle ½ Turn Right , Step Fwd , Touch , Walk Right & Left Fwd

1-2 Rock Right Fwd , Recover on Left
3&4 Step ¼ Turn Right Side , Step Together , Step ¼ Turn Right Fwd (3:00)
5-8 Step Left Fwd , Touch Beside LF (Restart here in the 3e Wall) Walk Right Fwd , Walk Left Fwd

S:7. □ Step ½ Pivot Turn Left , Shuffle Right Fwd , Step ½ Pivot Turn Right , Shuffle Left Fwd

1-2 Step Right Fwd , Pivot ½ Turn Left (9:00)
3&4 Step Right Fwd , Step Together , Step Right Fwd
5-6 Step Left Fwd , Pivot ½ Turn Right (3:00)
7&8 Step Left Fwd , Step Together , Step Left Fwd

S:8. □ Right Kick Ball Step Back 2X , Shuffle Right Fwd , Shuffle Left Fwd

1&2 Kick Right Fwd , Step on the bal of the RF beside LF , Step Left Back
3&4 Kick Right Fwd , Step on the bal of the RF beside LF , Step Left Back
5&6 Step Right Fwd , Step Together , Step Right Fwd
7&8 Step Left Fwd , Step Together , Step Left Fwd

Start Again:
