Rebel Heart



拍數: 32 牆數: 4 級數: Low Intermediate

編舞者: Nancy VerBryck (USA) - December 2016

音樂: Road Less Traveled - Lauren Alaina



Dance starts on vocals

Side Shuffle, Rock Step, Side Shuffle Rock Step

1&2	Side Shuffle, right foot step to the side, slide left foot center, right foot step to the side
3-4	Rock Step, left foot cross behind right foot and transfer weight onto right foot
5&6	Side Shuffle, left foot step to the side, slide right foot center, left foot step to the side
7-8	Rock Step, right foot cross behind left foot and transfer weight onto left foot

Half Vine, Quarter Turn Shuffle, Half Turn, Shuffle

1-2	Step right foot to right side; cross-step left behind right
3&4	Quarter turn right, shuffle right left right
5-6	Half turn, step forward on left, half turn shifting the weight to your right
7&8	Shuffle forward, left right left

Scissor Steps (travel forward)

1&2	Rock out to side right, recover to left, cross right over left
3&4	Rock out to side left, recover to right, cross left over right
5&6	Rock out to side right, recover to left, cross right over left
7&8	Rock out to side left, recover to right, cross left over right

Side Shuffle, Rock Step, Side Shuffle, Half Turn Unwind

1&2	Side Shuffle, right foot step to the side, slide left foot center, right foot step to the side
3-4	Rock Step, left foot cross behind right foot and transfer weight onto right foot
5&6	Side Shuffle, left foot step to the side, slide right foot center, left foot step to the side
7-8	Rock Step, right foot cross behind left foot, turn half left (unwind) shifting weight to left foot

Begin Again

Stepsheet prepared by Erin Welsh (redsie143@aol.com)