

Cowboys & Friends

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lisa M. Johns-Grose (USA) - December 2016
音樂: Cowboys and Friends - Garth Brooks : (www.amazon.com)



R ROCK FWD- REC BACK L – R SHUFFLE BACK- L ROCK BACK- R REC FWD0 L SHUFFLE FWD

1-2 Rock forward right, recover back left
3&4 Shuffle back right, left, right
5-6 Rock back left, recover forward right
7&8 Shuffle forward left, right, left

R SIDE ROCK- L REC- R CROSSOVER SHUFFLE - L SIDE ROCK- REC R- L CROSSOVER SHUFFLE

1-2 Rock right to right side, recover left
3&4 Crossover shuffle right, left, right
5-6 Rock left to left side, recover right
7&8 Crossover shuffle left, right, left

****** RE-START HERE DURING WALL 5**

R SIDE- L BEHIND- SHUFFLE SIDE R-L CROSS ROCK- REC R- SAILOR 1¼ L

1-2 Step right to right, step left behind
3&4 Shuffle side right, left, right
5-6 Cross rock left across right, recover back right
7&8 Step left behind right making ¼ turn left, step right to right, step left in place

WALK R – L – SHUFFLE FWD R- WALK L - R –SHUFFLE FWD L

1-2 Walk forward right, left
3&4 Shuffle forward right, left, right
5-6 Walk left, right
7&8 Shuffle forward left, right, left

Begin again!

******Re-Start: Dance first 16 cts. during wall 5 (facing 12 O'Clock) and then Re-start**
