

Get Rowdy

拍數: 48 牆數: 4 級數: Improver
編舞者: Magali Bérenger (FR) & Chris Black Eagles (FR) - December 2016
音樂: Rowdy - Gretchen Wilson



Intro: 16 cts

SCT 1 : Kick ball step x 2, Rock, L 1/4 Turn Chassé

1 & 2 Kick LF fwd, Ball on LF, Step RF fwd
3 & 4 Kick LF fwd, Ball on LF, Step RF fwd
5 - 6 Rock LF fwd, Recover on RF
7 & 8 1/4 turn L stepping LF to L side, Step RF next to LF, Step LF on L side 9:00

SCT 2 : Cross, Back, Ball, Cross, Point, Hitch, Point, R Sailor step

1 - 2 Cross RF over LF, Step back LF
& 3 - 4 Ball RF next to LF, Cross LF over RF, Point RF on R side
5 - 6 Hitch RF, Point RF on R side
7 & 8 Step RF behind LF, Step LF on L side, Step RF on R side

SCT 3 : Fwd Chassé, Sync. Rock & 1/4, Scuff, Heel, Coaster step

1 & 2 Step LF fwd, Step RF next to LF, Step LF fwd,
3 & 4 Rock RF on R side, Recover on LF, 1/4 turn R stepping RF fwd (Weight on RF) 12:00
5 - 6 Scuff LF, Tap Left Heel fwd
7 & 8 Step back LF, Step RF next to LF, Step LF fwd

SCT 4 : Vine 1/4 Turn, 1/4 Rock, Cross, R Kicks

1 - 2 Step RF on R side, Cross LF behind RF
3 - 4 1/4 turn R stepping RF fwd (3:00), 1/4 turn R rocking LF on L side 6:00
5 - 6 Recover on RF, Cross LF over RF
7 - 8 Kick RF fwd, Kick RF fwd

SCT 5 : Modified Coaster step, Point, Fwd, Point, Fwd

1 - 2 Step back on RF, Drag LF
& 3 - 4 Ball on LF next to RF, Step RF fwd, Step LF fwd
5 - 6 Point RF on R side, Step RF fwd
7 - 8 Point LF on L side, Step LF fwd

SCT 6 : Rock fwd, Triple 3/4 Turn R, Side Touch L, R

1 - 2 Rock RF fwd, Recover on LF
3 & 4 3/4 turn R stepping R, L, R 3:00
5 - 6 Step LF on L side, Touch LF with RF
7 - 8 Step RF on R side, Touch RF with LF

BEGIN AGAIN !!! :-)

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Montana Mag & Chris Black Eagles December 2016