

Run Rudolph

拍數: 48 牆數: 2 級數: Beginner
編舞者: Lars Christensen (DK) - December 2016
音樂: Run Run Rudolph - Luke Bryan



Intro: 48 count.

S1: R Dwight steps, R Vine, touch.

1-2 Fan L heel right touching R toe to L foot, Fan L toe right touching R heel diagonally forward.
3-4 Fan L heel right touching R toe to L foot, Fan L toe right touching R heel diagonally forward.
5-6-7-8 Step R to right side, Step L behind R, Step R to right side, Touch L next to R.

S2: L Vine ¼ turn, Rocking chair

1-2-3-4 Step L to left side, Step R behind L, Turn ¼ left on L, Hold.
5-6-7-8 Rock forward on R, Recover on L, Rock back on R, Recover on L.

S3: Pivot ¼ turn Cross, Step, Twist L, Clap.

1-2-3-4 Step forward on R, Turn ¼ turn left on L, Cross R over L, Step L beside R.
5-6-7-8 Twist both heels to left, Twist both toes to left, Twist both heels to left, Clap your hands.

S4: Twist R, Clap, Coaster.

1-2-3-4 Twist both heels to right, Twist both toes to right, Twist both heels to right, Clap your hands.
5-6-7-8 Step back on L, Step R beside L, Step forward on L, Hold. (Restart on Wall 1).

S5: Jazz box ¼ turn, L rumba forward.

1-2-3-4 Cross R over L, Step ¼ turn back left on L, Step forward on R, Touch L beside R.
5-6-7-8 Step L to left side, Step R beside L, Step forward on L, Hold.

S6: R Rumba back, Sailor ¼ turn.

1-2-3-4 Step R to right side, Step L beside R, Step back on R.
5-6-7-8 Step L behind R turning ¼ turn left, Step R beside L, Step forward on L, touch R beside L.

Contact: lars@godset.eu